

American Prep The Insiders Guide To U S Boarding Schools

Boarding School Syndrome is an analysis of the trauma of the 'privileged' child sent to boarding school at a young age. Innovative and challenging, Joy Schaverien offers a psychological analysis of the long-established British and colonial preparatory and public boarding school tradition. Richly illustrated with pictures and the narratives of adult ex-boarders in psychotherapy, the book demonstrates how some forms of enduring distress in adult life may be traced back to the early losses of home and family.

Developed from clinical research and informed by attachment and child development theories 'Boarding School Syndrome' is a new term that offers a theoretical framework on which the psychotherapeutic treatment of ex-boarders may build. Divided into four parts, History: In the Name of Privilege; Exile and Healing; Broken Attachments: A Hidden Trauma, and The Boarding School Body, the book includes vivid case studies of ex-boarders in psychotherapy. Their accounts reveal details of the suffering endured: loss, bereavement and captivity are sometimes compounded by physical, sexual and psychological abuse. Here, Joy Schaverien shows how many boarders adopt unconscious coping strategies including dissociative amnesia resulting in a psychological split between the 'home self' and the

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'boarding school self'. This pattern may continue into adult life, causing difficulties in intimate relationships, generalized depression and separation anxiety amongst other forms of psychological distress. Boarding School Syndrome demonstrates how boarding school may damage those it is meant to be a reward and discusses the wider implications of this tradition. It will be essential reading for psychoanalysts, Jungian analysts, psychotherapists, art psychotherapists, counsellors and others interested in the psychological, cultural and international legacy of this tradition including ex-boarders and their partners.

Whether you're premed, pregrad, preprofessional, undecided, or headed for the job market after graduation, undergrad research can help you define your career path and prepare for it. But research opportunities are highly competitive so where do you start and how do you find the perfect position?

Getting In brings together the essential information you need with a no-nonsense approach that will save you time and frustration. Co-written by academic insiders, Getting is like having two mentors coach you through your search and keep you organized as you decide on which research positions to pursue, contact potential mentors, nail interviews, and ultimately choose a research experience. Getting In gives you the guidance you need including: * Creative search strategies *

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Mistakes to avoid during the search, application, and interview * How to approach a professor after lecture or during office hours * Email templates that get you noticed * Time-management strategies to maintain your academic/life balance * Tips to determine if you should accept or decline a research position * How to use your research experience to build habits for success in the lab, in college, and in life Additional tips, tricks, and strategies for getting the most out your STEM undergrad research experience can be found at UndergradInTheLab.com at facebook.com/undergradinthelab and on Twitter at [@youinthelab](https://twitter.com/youinthelab). D.G. Oppenheimer, Ph.D., is an associate professor of molecular and cellular biology at the University of Florida. P.H. Grey, B.A., is a molecular biology research scientist who started her research career as an undergraduate laboratory assistant. Together, they have over 46 years experience training, mentoring, and writing recommendation letters for undergrad researchers. They understand the challenges that students face when searching for a research experience and how to successfully navigate around them.

OUTWITTING COLLEGE PROFESSORS is exactly what the subtitle suggests: A practical guide to secrets of the system. The system in this case is American post-secondary education, and the secrets are those that make students stand out from the crowd. **Outwitting College Professors** provides

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students with tools to succeed in the business world and negotiate the complex challenges of the early college years. In general, this book offers success tips for both college and the real world, and gives students the opportunity to add market value to their diplomas.

Featuring expert advice for applying to graduate school in clinical and counseling psychology--as well as profiles of more than 300 doctoral programs--this authoritative resource has now been updated for 2020/2021. More than 150,000 prospective students have used the Insider's Guide to find the programs that meet their needs and maximize their chances of getting in. Profiles include each program's specializations or tracks, admission requirements, acceptance rates, financial aid, research areas, and clinical opportunities. A detailed time line and multiple worksheets help students complete key prerequisites, decide where to apply, develop their credentials, put together strong applications, and make an informed final decision. The 2020/2021 Edition includes profiles of 14 additional programs, plus updates about the application process.

America's #1 consumer advocate for coin hobbyists, collectors, and investors is Scott Travers. Now he has created a guide that provides comprehensive facts on all U.S. coins and a complete listing of the fair market value for your coins today. Plus, he teaches you how to play the lucrative global game of

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coin collecting and investing by including:

- How to identify valuable coins that are hiding in pocket change
- Secrets of how to grade, trade, and preserve coins like the experts
- Current trends in the coin market and how to profit from trading coins
- The most complete coin price guide on the market today!

The essential source for in-depth travel and relocation information to Napa and Sonoma Counties. Written by a local (and true insider), *Insiders' Guide to California's Wine Country* offers personal guidance to two major wine regions and their environs. Fully revised and updated, this guide contains five maps of the wine country.

Attending boarding school is a serious commitment in many realms, whether emotional, financial, academic, or otherwise. With that in mind, it is important to understand what boarding school is all about. This valuable resource is full of insights from students who attend or recently graduated from a boarding school. *The Boarding School Survival Guide* provides a variety of perspectives that help both prospective students and parents decide if boarding school is the right choice for them, and assists current students in navigating the twists and turns of school away from home. Written by students for students-in a fun, easy-to-read manner with essential, up-to-date information An honest and insightful look at life at today's boarding schools

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Anecdotal testimonies from current boarding school students and those who've recently graduated
Helpful tips and strategies for students who are considering applying to boarding schools or are getting ready to attend one

Innovation in technology means that almost anyone can make an independent film these days. Although this may be good news for aspiring filmmakers, it also means that the oversupply of independent films on the market has caused acquisition prices to dramatically decrease. As a result, producers and investors rarely recover their initial investment in the films they make. But don't be discouraged! Use this book to learn the realities of the market in advance and map out a winning distribution plan. This comprehensive manual for filmmakers and producers dedicated to film distribution and the marketplace could mean the difference between getting your film out to the public and keeping it "in the can." Learn how to sell your movie to a studio, a cable network, a video distributor, or international buyers. Self-distribution and other alternatives to traditional distribution are also considered. As well, you'll hear some success stories from producers and hear directly from buyers what they are seeking. Stacey Parks has worked with dozens of hungry filmmakers to get their films a distribution deal and knows how frustrating the whole process can be. Let her tell you how you can take control of your

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filmmaking career and start getting your work seen by audiences with a few little-known distribution secrets. Features include: * Interviews and case studies with producers and distributors * Ten Ways to Market Your Film for Self-Distribution * Sales Projections per Territory * Distribution Resource Listings * Negotiation tips for distribution agreements * Sample distribution agreements

Learn all the top tricks to preparing for and acing the SAT and ACT The SAT and ACT are the academic tests that can make or break your entrance into your number one college or university. High school students practice endlessly, and some pay hundreds of dollars an hour for tutors to teach them, just to earn a better score. Endless studying can be mentally exhausting and leave students wanting to do nothing more than throw their books out the window. Sure, those 300 extra points make a difference, but at what cost to your attitude and everyday performance? Instead of drilling into boring test prep books and stretching yourself too thin while trying to complete every practice test available, dive into Hacking the SAT! This all-inclusive insider's guide is perfect for parents, teachers and administrators, as well as students themselves. No more last-minute cramming and studying; this entertaining and engaging guide is full of tips and techniques that will have you ready to pass these dreaded standardized tests in plenty of time! This book will provide you with all the hacks you need to pass the SAT or ACT with flying colors, such as: Test prep schedules Where to find study materials Study tips Test-

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taking strategies And much more! Filled with advice from two experienced educational experts, Hacking the SAT is your gateway to acing the SAT or ACT test and entering the college or university of your dreams! Happy studying!

College students discuss what colleges are really like, including grades, sports, social life, alcohol policies, gender relations, admissions, and classes

Peterson's Private Secondary Schools 2020 is the trusted guide for families searching for the right private school for their child. This valuable resource helps parents and students evaluate and choose from the overwhelming number of private secondary schools in the United States, Canada, and throughout the world. Featured institutions include independent day schools, special-needs schools, and boarding schools--including junior boarding schools for middle school students.

Profiles offer detailed information on areas of specialization, location/setting, affiliation, accreditation, tuition and aid availability, student body, faculty, academic programs, athletics, computers and campus technology, and admission information. Readers will benefit from the new informative articles on standardized tests, boarding schools, special needs schools, independent day schools, applications, financial aid, and other helpful topics. Dozens of in-depth descriptions and displays offer photos of students and school campuses, as well as essential information to help parents find the right private secondary school for their child. Peterson's Private Secondary Schools 2020 is the definitive guide to the private secondary school search process.

With this new edition, The Insider's Guide to the

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Colleges has been, for 41 years, the most relied-upon resource for high school students looking for honest reports on colleges straight from the college students themselves. Having interviewed hundreds of their peers on more than 330 campuses and by getting the inside scoop on everything from the nightlife and professors to the newest dorms and wildest student organizations, the reporters at the Yale Daily News have created the most candid college guide ever. In addition to the in-depth profiles, this edition has been updated to include: *

- Essential statistics for every school, from acceptance rates to popular majors
- * A "College Finder" to help students zero in on the perfect school
- * All-new FYI sections with student opinions and outrageous advice

The Insider's Guide to the Colleges cuts through the glossy Web sites and brochures to uncover the things that matter most to students, and by staying on top of trends, it gives both students and their parents the straightforward information they need to choose the school that's right for them.

The Insiders' Guide to Factual Filmmaking is an accessible and comprehensive 'how to' guide about the craft of making documentaries for TV, online or social media. Filmmaker Tony Stark distils a long career at the BBC and as an independent producer to explain the conceptual, visual, editorial and organisational skills needed to make impactful and stylish factual films. Interviews with top industry professionals in the UK and US - commissioners, executive producers, filmmakers, strand editors and media lawyers – add valuable insight and authority to this book. For more experienced

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filmmakers The Insiders' Guide tells you how to get the green light for undercover investigations, how to tell film stories online and on social media, and how to budget a factual film. This is a key text for anyone who wants to succeed in the rapidly changing, competitive freelance markets in Britain and America. It provides expert guidance to students on filmmaking courses, journalists wanting to move from print to video and non-professionals with an interest in film-making. Whatever the final destination of your film – and whatever the budget - The Insiders' Guide provides a vital roadmap. The book's accompanying website is a 'show-me' resource for new directors: with 24 specially-shot film clips illustrating the key rules of filmic grammar and sequence shooting – together with downloadable versions of essential production forms.

The first official book adapted from the hit NBC show, American Ninja Warrior—published to coincide with the 10th anniversary. Every week, millions of viewers tune in to NBC's American Ninja Warrior, to watch as ninjas from every walk of life attempt to complete a series of iconic obstacles of increasing difficulty in the hope of becoming an American Ninja Warrior. Now, for the first time, readers get a never before seen look at the phenomenon that has taken the world by storm. With stories from the show's hosts, creators, and top contestants about preparing, training, and becoming an American Ninja Warrior, the book is packed with essential info about the legendary obstacle courses along with key fitness and training tips for viewers of all fitness levels. Readers will find amazing insights on how

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American Ninja Warrior contestants do their best, reach higher, and achieve their spectacular feats. Full of vibrant color photos, sidebars, boxes, and lists, the first official book of American Ninja Warrior will not only be a thrilling and instructive read, it will be a beautiful inside look at the show and the perfect gift for every fan.

This highly practical guide to wrestling begins with a brief history of the sport that traces its origins to ancient Egypt, Greece, and Rome. Its account of the modern history of the sport and how it came to the United States is no less fascinating. The rules of wrestling are explained, including legal and illegal holds, and the most influential wrestlers are profiled. All the information that young athletes need in order to participate effectively in the sport is here, including nutrition, how to prepare your body for the rigors of the sport, and where to go for training.

This is the best and most comprehensive guide to Manhattan's private schools, including Brooklyn and Riverdale. Written by a parent who is also an expert on school admissions, this guide has been helping New York City parents choose the best private and selective public schools for their children for over 20 years. The new edition has been completely revised and expanded to include the latest tuition, and scholarships. It now lists over 75 elementary and high schools including schools for special needs children.

Everything you need to know about the nation's fifteenth largest city! Whether you plan to pursue an education, start a business, or raise a family, this guide takes you through the rapidly growing Discovery City.

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Chances are you will go to a college near where you live or go to one online. Many people now do parts of their degrees online then attend the college physically for awhile. In-state is always cheaper than going to a college out of state because your local government subsidizes residents at the local public universities, not the private ones. Private universities charge whatever they want to everybody. Publicly-funded ones are much cheaper. The real issue is what do you study. Do you listen to what everybody else says including the world system or yourself? That's the eternal question. Will I be the hero of my own life or will I be a clone, following everybody else? College is not necessarily the answer to life. You are. Whatever lives inside of you is strong, unique and vital. College can help you find it but by itself college is a fantasy land for young people.

Is Memphis on your list of possible places to relocate or visit? You'll find this practical guide an essential resource for comprehensive information about this fast-growing city. Local author Rebecca Finlayson offers an unbiased perspective of Memphis and the area around it. Four maps and 30 black-and-white photographs complete the coverage.

Offers details on tuition and financial aid, academic courses, and extracurricular activities

Trauma, Abandonment and Privilege discusses how ex-boarders can be amongst the most challenging clients for therapists; even experienced therapists may unwittingly struggle to skilfully address the needs of this client group. It looks at the effect on adults of being sent away to board in childhood and the problems associated with boarding, which have only recently been acknowledged by mainstream mental health professionals. This practice-based book is illustrated by case studies, diagrams and exercises and is divided into three parts: 'Recognition; Acceptance; Change'. It aims to help readers understand the emotional processes of boarding

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and the psychological aspects of survival, outlining the steps toward recovery and the repercussions of survival. The book also explores how ex-boarders frequently struggle with intimate relationships with spouses and partners and offers interventions and strategies for those working with ex-boarder clients. Trauma, Abandonment and Privilege will be of interest to therapists, counsellors and mental health workers across the UK. It will also be relevant to those who are well acquainted with boarding schools based on the UK model, for example in Canada, Australia, New Zealand and India.

The Straight-Talking Student's Guide to the Best Colleges For more than thirty-five years, The Insider's Guide to the Colleges has been the favorite resource of high school students across the country because it is the only comprehensive college reference written and researched by students for students. In interviews with hundreds of peers on campuses from New York to Hawaii and Florida to Alaska, our writers have gotten the inside scoop on every school on topics ranging from professors and campus life to dorms and student activities. This thirty-sixth edition has been completely revised and updated to stay on top of campus trends and attitudes. Each school profile in The Insider's Guide cuts through the veneer of brochures and common stereotypes to reveal colleges as they're seen through the eyes of their students. This comprehensive guide includes:

- Revealing profiles of more than 330 top schools in the United States and Canada
- Essential statistics for every school, from acceptance rates to the most popular majors
- An insider's packing list detailing what every college student really needs to bring
- A college quiz that helps students find the type of school that is right for them
- FYI sections with candid student opinions and outrageous advice

The ultimate insider's guide to getting into the nation's most competitive colleges Written by a former senior admissions

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officer at Harvard University, this book provides keen insights into what it takes to get into America's top schools. With the help of case studies of successful Harvard applicants, Charles Hughes II defines the goals and mission of highly selective schools. He explains the relative weight given to: Academics Extra-curricular activities Personal qualities Intangibles in the admission process Hughes breaks down the components of the application, explaining the significance of each and how they are evaluated. And, drawing upon his extensive experience, he clues readers in on effective ways for applicants to improve their candidacy, including: How to prepare early in high school How to write a better application How to find the school best suited to their interests, personality, and goals With this essential guide, students will be able to present their talents in the best light possible, and create a winning college application.

This guidebook illustrates the UN system while covering issues as diverse as terrorism, peacekeeping, human rights, climate change, and UN reform.

Your Travel Destination. Your Home. Your Home-To-Be. Shreveport A place of hidden treasures and Southern charm. Casinos, culture, fine dining, and outdoor fun. • A personal, practical perspective for travelers and residents alike • Comprehensive listings of attractions, restaurants, and accommodations • How to live & thrive in the area—from recreation to relocation • Countless details on shopping, arts & entertainment, and children's activities

Insiders' Guide to Albuquerque is the essential source for in-depth travel and relocation information to one of New Mexico's most colorful cities. Written by a local (and true insider), this guide offers a personal and practical perspective of Albuquerque and its surrounding environs.

A first edition, Insiders' Guide to North Carolina's Piedmont Triad is the essential source for in-depth travel and relocation

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information to North Carolina's Greensboro, Winston-Salem, and Highpoint region. Written by a local (and true insider), this guide offers a personal and practical perspective of North Carolina's Piedmont Triad and its surrounding environs. A guide for prospective college students answers questions on such subjects as the academic strengths and weaknesses, the amount of student/faculty contact, and housing and food quality for more than three hundred schools in North America.

In today's highly competitive world, parents are turning to prep schools to give their kids the edge to prepare for higher education and the job market with confidence and connections. Filled with secrets, tips and expert advice, American Prep tells parents everything they need to know to ensure their child has the best possible schooling. Oct 15, 2015 Although public high schools now account for approximately half of the admissions at Ivy League universities, private school students still have a strong edge. The Street There are 90 million potential high schoolers in US from 2016 to 2020 Entering the job market is tougher than ever; employers are looking for best in class Author Ron Mangravite is one of the only experts in the field, specializing in making boarding school entry available to every family Going to a top boarding school can do more than help students get into a good college it can provide them with a powerful alumni network, a solid education, and lifelong friends. Business Insider What You Will Learn Inside this Book: * Secrets to getting into your prep of choice * How to supercharge your application * Why a boarding school is increasingly valuable in the 21st century * Which schools are right for your family and your child * Sources for generous financial aid"

Over seventy members of the Duke Medical School Class of 2006 have collaborated to detail the successful premed

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process from choosing an undergraduate major and carrying out research to taking the MCAT, to choosing a school, applying, interviewing, taking time off, the MSTP program and more.

In this book, a renowned historian of education searches out the lessons that private schooling might offer public education as cries for school reform grow louder. Arthur Powell uses the experience of private education to put the whole schooling enterprise in fresh perspective. He shows how the sense of schools as special communities can help instill passion and commitment in teachers, administrators, and students alike - and how passion and commitment are absolutely necessary for educational success. The power of economic resources, invested fully in schools, also becomes pointedly clear here, as does the value of incentives for teachers and students.

This strategic approach to the AP United States History exam outlines the core material you need to study in order to achieve a high score and earn college credit. Not just another chronological review, author Larry Krieger has analyzed which topics appear most frequently on the Advanced Placement tests. Also included are practice multiple-choice, short-answer, long-essay, and document-based questions with tips on how to provide high-scoring answers.

Prepare yourself for a long strange trip from which there is no return - *The Law School Trip* - a twisted insider's guide to the surreal world of legal education. Written by an award-winning law professor and humorist, *The Law School Trip* is the step-by-step guide that unlocks all the secrets of law school (to unlock the actual school, purchase *The Lock-Picking Trip* separately). In this one book, you'll learn about: * The LSAT® and other registered trademarks * Rankings: Feeling good about not getting into Harvard * Surviving the Socratic method with treatable injuries * Lucky charms and other tips for exam success * *The Horribly Evil Bluebook* * Fun, Fun,

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Fun and the Rule Against Perpetuities * Learning to love Mrs. Palsgraf * Strange Creatures from Outer Space and other law faculty * Law's Greatest Hits: Best First-Year Cases * Writing a resume your therapist would be proud of * And much, much more! The perfect gift for law students, lawyers, and anyone who has wondered what law school is like. REVIEWS "A delicious read from beginning to end." -- Grif Stockley, bestselling author of Probable Cause and Religious Conviction "Fly, drive, walk, or crawl to buy The Law School Trip, a superb and highly entertaining parody of legal education." -- Professor Timothy R. Zinnecker "Heaps and mounds of undulating and ululating laughter. ... McClurg makes the law school experience sparkle and shine." -- The Law Teacher, Official Publication of the Institute for Law School Teaching "Howlingly, gut-wrenchingly, turn purple and blow food out your nose funny!" -- The Bimonthly Review of Law Books "McClurg brings legal humor to new heights. ... Very, very funny!" -- Professor Myron Moskowitz "More pure pleasure than anything I've read in months." -- Professor Marianne Wesson, bestselling author of Render Up the Body and A Suggestion of Death "The perfect antidote for legal education... A must read for law students, professors, and lawyers." -- Professor Gerry Hess, Institute for Law School Teaching "What a Trip! ... Truly a classic of legal humor." -- Professor David G. Owen "[A] one of a kind piece of work that you don't have to a lawyer or law student to love." -- Text-Book.com "[D]ispense[s] buckets of advice without ever removing tongue from cheek. ... [A] loving parody ... from the eyes of one who knows." -- National Jurist, The Magazine for Law Students

Do you wonder what you'll be asked on your college interview? Do you wonder what questions you should ask? Do you wonder what you can do to prepare? WONDER NO MORE! This book explains: * Why you're being

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interviewed*What the interviewer is looking for*How to formulate your personal statements*Interview dos and don'ts You'll learn how to provide great answers to the most-common college interview questions. You'll learn not only what to say, but how to say it; what questions to ask your interviewer; how to behave?before, during and after the interview; and the secrets to presenting yourself in the best possible light. Learn everything you need to know to ace your college interview from someone who has been interviewing college applicants for more than 25 years.

The Insider's Guide to the Colleges has been, for 38 years, the most relied-upon resource for high school students looking for honest reports on colleges from their fellow students. Having interviewed hundreds of their peers on more than 330 campuses and by getting the inside scoop on everything from the nightlife and professors to the newest dorms and wildest student organizations, the reporters at the Yale Daily News have created the most candid college guide available. In addition to the well-rounded profiles, this edition has been updated to include: * Essential statistics for every school, from acceptance rates to popular majors * A "College Finder" to help students zero in on the perfect school * FYI sections with student opinions and outrageous off-the-cuff advice The Insider's Guide to the Colleges cuts through the college brochures to uncover the things that matter most to students, and by staying on top of trends, it gives both students and parents the straightforward information they need to choose the school that's right for them.

Insiders' Guide to Glacier National Park is the essential source for information to this outdoor paradise that offers diverse opportunities for fun and adventure. Written by a local (and true insider), this guide offers a personal and practical perspective of Glacier and its surrounding environs.

Comprehensive boarding school guide • What is boarding

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school really like? • What are my chances of getting into U.S. boarding schools? • How do I evaluate private schools vs. public schools? What is boarding school really like? U.S. boarding schools offer a superb preparation for college bound students, but they are not for everyone. American Prep is the only comprehensive guide for parents and students interested in investigating, applying to, and succeeding at these great schools. Meticulously researched and thoughtfully written, American Prep is an essential guide through the world of U.S. boarding schools – their history and culture, their resources and support systems, their opportunities and challenges – and the only book that leads you through the entire prep school experience. You will learn about: • Why boarding schools are increasingly valuable in the 21st century • The pros and cons of private school vs public school • How to select a school that is right for your student and your family • How to navigate the admission process – detailed insider advice • The emotional challenges of prep school for students and families – what to expect and when • How to secure generous financial aid for prep school • Student success on campus – getting in is only the first step An insider's perspective on U.S. boarding schools: Award winning writer/critic Ronald Mangravite has multiple perspectives on the American prep school world. An alumnus of the Lawrenceville School, he is a current prep school parent, an alumni class officer, and an admissions volunteer. His extensive teaching experience includes universities and private schools, with service on admissions and curricula committees. He holds degrees from the University of California, Berkeley and UCLA.

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