

Chapter 34 Section 4 Guided Reading The Changing Face Of America

John Coleman was diagnosed with Parkinson's disease while studying to be a naturopath, and banished all the frustrating symptoms of this cruel condition from his body ... naturally! His new book equips those diagnosed with the knowledge needed to reverse their Parkinson's disease symptoms and even recover, using completely natural means. Rethinking Parkinson's Disease traces known pathways leading to a diagnosis of Parkinson's disease, together with strategies to reverse each pathway. It includes the best evidence from Western allopathic medicine and complementary/alternative medicine in discovering how and why people with Parkinson's develop symptoms, the diagnostic process, standard treatments and prognoses offered by expert practitioners, and ongoing research. The book presents strategies that have been shown, clinically or in research, to improve the health of people with Parkinson's, with the possibility of reversing symptoms. A major section of this work details strategies to create wellness, many available to patients at little or no cost. There are sections on symptom control, complementary medical treatments and therapies to avoid. The book is aimed primarily at people with Parkinson's, families and supporters, and may be used as a self-help book, including advice on building a team of supportive practitioners. There are also suggestions and advice for both Western allopathic medicine and complementary/alternative medicine practitioners to enhance their care of patients with a Parkinson's disease diagnosis, so it may be used as a handbook for practitioners wishing to move away from the standard conservative view of Parkinson's disease as an "incurable" disease.

Would you like to know all the trees at the Urban Farming Zone? Or read about residents who recycle plastic, conserve water, and grow their own vegetables? And also learn about the different species of birds at Urbana? This book answers all the above questions and more on living in Urbana. Researched over four years, the book is a kaleidoscope to life at Urbana and a handy guide to those relocating to the township. Long-time residents of Urbana, too, will find it useful as a source of information available nowhere else. Subscribers of the online publication, Times of Urbana, have been reading the contents of this book over one year. Times of Urbana, a weekly newsletter, first carried the chapters of the book. This book has been compiled through primary research during site visits to the places described and has information on commuting, shopping, eating out, and recreation. A reader who goes through the book would have saved hours needed to research the contents of the book. A list of places described in the book is accessible on Google Maps, helping the reader easily access each of the sites mentioned in the book.

Family-owned businesses account for many of the small and medium-sized enterprises that exist around the world in various industries. Due to their unique make up, these firms are often heavily influenced by family dynamics that must be reconciled by family and non-family workers alike in order to ensure the sustainability of the business. As smaller businesses competing against an increasingly globalized economy and more directly impacted by economic instability, especially in the wake of the COVID-19 pandemic, these businesses must continue to improve their practices and processes in order to not only survive but thrive. The Research Anthology on Strategies for Maintaining Successful Family Firms discusses the strategies, sustainability, and human aspects of family firms in order to understand what sets them apart from other businesses and how they can survive and compete in a globalized economy. This book discusses the unique dynamic brought by family firms that offers both opportunities and challenges for a growing business. Covering topics such as corporate venturing, the family unit, and business ethics, this text is an essential resource for family firms, entrepreneurs, managers, business students, business professors, researchers, and academicians.

Going Pro: One Author's Advice on Getting Published with Small and Electronic Presses is a concise guide that offers advice on all aspects of writing for publication. From finding the time to write to finding beta readers, from navigating all the elements of a successful submissions packet to understanding a publishing contract to marketing your newly published book -- here I offer the best advice I can on getting your first story from a file on your computer to an e-book released by a small or electronic press. Topics covered include: polishing your manuscript, finding the right publisher, working with an editor, writing blurbs, and promoting your book. I give detailed explanations of submission guidelines, contracts, rights and copyrights, cover art, and marketing plans. I also offer advice on what to do when things don't go quite as you plan, whether it's a bad review or a pirate site, or your publisher folds. It can be intimidating when you're just starting out and trying to get published. I know, I've been there, too. So if you're interested in getting your stories published with a small press or e-book publisher, let me help you through the process! TABLE OF CONTENTS: Part 1: Your Manuscript Chapter 1: Finding Time to Write Chapter 2: Feedback Chapter 3: Sharing Your Work Chapter 4: Back Up! Chapter 5: Using a Pseudonym Part 2: Getting Published Chapter 6: Publishing with a Small Press Chapter 7: Do You Need an Agent? Chapter 8: Finding the Right Market Chapter 9: Submission Guidelines Chapter 10: Cover Letter Chapter 11: Query Letter Chapter 12: Blurb Chapter 13: Excerpt Chapter 14: Synopsis Chapter 15: Full Manuscript Chapter 16: Marketing Plan Chapter 17: Understanding Publishing Terms Chapter 18: E-Mailing Your Submission Chapter 19: Follow-up Chapter 20: Rejection Letters Chapter 21: Acceptance Letters Part 3: Contracts Chapter 22: Assigning Your Rights Chapter 23: Exclusive Vs. Nonexclusive Rights Chapter 24: Copyright Chapter 25: Things to Look For in a Contract Chapter 26: Before You Sign Part 4: Before Your Book Is Published Chapter 27: Tax Documentation Chapter 28: Author Bio Chapter 29: The Dreaded Blurb Form Chapter 30: Cover Art Chapter 31: Working with an Editor Part 5: Promotion Chapter 32: What Your Publisher Does Chapter 33: WWW Dot You Chapter 34: Social Networking Chapter 35: Blogging Chapter 36: Ads Chapter 37: Reviews Chapter 38: Conventions Part 6: When Things Sour Chapter 38: Bad Reviews Chapter 39: Piracy Chapter 40: You Aren't Getting Paid Chapter 41: Your Publisher Folds Part 7: Keep Writing Chapter 42: Keep Your Name Out There Chapter 43: The Pros and Cons of Branching Out

This book takes an extensive look at the many different types of users and cultures that comprise the popular social media platform Tumblr. Though it does not receive nearly as much attention as other social media such as Twitter or Facebook, Tumblr and its users have been hugely influential in creating and shifting popular culture, especially progressive youth culture, with the New York Times referring to 2014 as the dawning of the "age of Tumblr activism." Perfect for those unfamiliar with the platform as well as those who grew up on it, this volume contains essays and artwork that span many different topics: fandom; platform structure and design; race, gender and sexuality, including queer and trans identities; aesthetics; disability and mental health; and social media privacy and ethics. An entire generation of young people that is now beginning to influence mass culture and politics came of age on Tumblr, and this volume is an indispensable guide to the many ways this platform works.

ITIL® is a framework for IT service management and provides best management practice to meet ISO/IEC 20k. The guide introduces ITIL to Foundation Examination candidates and offers a practical understanding of IT service management. This new edition is compatible with the 2011 update to ITIL®. It includes the following additional processes: business relationship management; design coordination; strategy management for IT services; transition planning and support. An ITIL® licensed product.

Workers? Compensation Law provides an in-depth look at the day-to-day practice of this field while addressing theoretical aspects that form a critical foundation for this branch of law. Reviews how a worker's compensation case begins and explains activities involved in those cases, such as drafting petitions, presenting cases to an administrative law judge, and bringing an appeal. The theoretical basis of the material is laid out in easy to understand and enjoyable format reinforced with practical real-life examples. Although written with paralegal-specific information, the content includes information vital to anyone dealing with Workers? Compensation issues.

Thinking systemically and strategically means moving beyond a focus on the individual to understand the larger organizational and environmental systems and how the dynamics of those systems impact work performance and the readiness for change. This section will explain how certain problems recur and are often made worse by quick solutions; how one decision can impact many people and set in motion a situation that can create numerous unexpected outcomes for the organization; and how to decide where best to begin fostering change—with individuals, groups, departments, the organization (policies, practices, culture, etc.), or the external market/community relationship.

An analysis of Oklahoma's constitution, informed by its pre-statehood history, the Progressive politics of its framers, and subsequent interpretations.

If you are confronting a life-threatening condition and facing challenges to your finances, work, and future, you no longer need to struggle alone. In *Be Prepared*, attorney David Landay, a leading authority with more than thirty years' experience in this field, assembles and explains the most up-to-date financial, legal, and practical information. He will help you focus on the questions to ask, how to find the information you need, and where to locate the resources to assist you. Topics covered include: - How to obtain access to the best medical care - Surprising ways to pay bills with existing assets - Work issues, disability, and going back to work - Legal issues such as estate planning and the Americans with Disabilities Act - Social Security, Medicare, and Medicaid - New Investment strategies - How to maximize your income and manage your expenses and debts By showing you, in simple steps, how to understand, organize, and manage your affairs, Landay provides you with the practical know-how and emotional confidence to face the future without fear. *Be Prepared* is the ideal book to help you make the best of some of life's most difficult situations.

The second edition of *Emergency and Trauma Care for Nurses and Paramedics* provides the most up-to-date and comprehensive coverage of clinical procedures and issues encountered in contemporary emergency care in Australia and New Zealand. Written by leading academics and clinicians, this fully revised and updated edition follows the patient's journey from pre-hospital retrieval to definitive care. With a strong focus on multidisciplinary care, this evidence-based emergency and trauma resource will appeal to pre-hospital care providers, rural, remote and urban emergency nurses and allied health professionals, as well as disaster management and interfacility transport staff. Essential concepts are covered in a logical order, commencing with: An introduction to emergency professions and professional issues Clinical and health systems Patient presentations ordered by body system as well as toxicology, envenomation, ocular, environmental emergencies and unique population groups Major trauma assessment and management and end-of-life care information and considerations. *Emergency and Trauma Care for Nurses and Paramedics 2e* continues to be the pre-eminent resource for students preparing to enter the emergency environment and for clinicians seeking a greater understanding of multidisciplinary care from retrieval through to rehabilitation. A cultural safety approach is included throughout - addressing cultural diversity, beliefs and values and focusing on Aboriginal and Torres Strait Islander health and Māori health Essentials outline the main points addressed in each chapter Practice tips throughout assist with communication skills, procedures and assessment Case studies are supported by questions and answers to encourage active learning New online resources available on Evolve, including over 30 new case studies with paramedic-specific questions. Highlighted skills - cross references to the Clinical Skills chapter throughout text Over 30 new case studies Patient journey from pre-hospital and emergency-specific case studies Critical thinking questions at the end of chapters Chapter 35 Obstetric emergencies now includes 'Supporting a normal birth'.

Outdoor School: Hiking & Camping is your go-to wilderness guide from Odd Dot, featuring sturdy, metal corners and more than 400 full-color, highly-illustrated pages from Aliki Karkoulia. Jennifer Pharr Davis and Haley Blevins help you rewild your life with: - Immersive activities to get you exploring - Write-in sections to journal about experiences - Next-level adventures to challenge even seasoned nature lovers. No experience is required—only curiosity and courage. This interactive field guide to hiking and camping includes: -Planning Your Next Adventure -Essential Outdoor Gear -First Aid & Survival -Navigation -How to Handle Extreme Weather -Crossing Dangerous Terrain -Setting Up Camp -Building a Fire—In Rain or Shine -Games for the Trail -Finding and Filtering Water -Animal Tracks, Calls, and Sounds -Bird Watching -Plant Spotting -Rock Hunting -What to Do If You're Lost And so much more!

The SPIRIT IS in the Form is a collection of three books which allow the author to reveal the movement of Spirit in modern times through both familiar and original works. These books--*The Symbolic Version of the Wizard of Oz (The Motion Picture)*, *Hey There! Here I Am!!* and *Stop Dying and Start Living*--use symbols to contrast the literal interpretation of the story to reveal a totally different meaning using the very same words. The new meaning is applicable to oneself in daily living. The simple message: Let the Spirit that is coming to you come through you.

This volume invites scholars of the Catholic and Protestant Reformations to incorporate recent advances in transnational and transregional history into their own field of research, as it seeks to unravel how cross-border movements shaped reformations in early modern Europe. Covering a geographical space that ranges from Scandinavia to Spain and from England to Hungary, the chapters in this volume apply a transregional perspective to a vast array of topics, such as the history of theological discussion, knowledge transfer, pastoral care, visual allegory, ecclesiastical organization, confessional relations, religious exile, and university politics. The volume starts by showing in a first part how transfer and exchange beyond territorial circumscriptions or proto-national identifications shaped many sixteenth-century reformations. The second part of this volume is devoted to the acceleration of cultural transfer that resulted from the newly-invented printing press, by translation as well as transmission of texts and images. The third and final part of this volume examines the importance of mobility and migration in causing transregional reformations. Focusing on the process of 'crossing borders' in peripheries and borderlands, all chapters contribute to the de-centering of religious reform in early modern Europe. Rather than princes and urban governments steering religion, the early modern reformations emerge as events shaped by authors and translators, publishers and booksellers, students and professors, exiles and refugees, and clergy and (female) members of religious orders crossing borders in Europe, a continent composed of fractured states and regions.

A comprehensive guide to the HLA (Human Leukocyte Antigen) system for immunologists and clinicians, this book contains up-to-date information on the MHC (Major Histocompatibility Complex) and its role in the immune response and in various diseases. The book explores the biological significance and role of the HLA system in organ and haematopoietic stem cell transplantation management. This volume is an invaluable guide to the full spectrum of HLA-related science while also serving as a conceptual and technical resource for those involved in HLA-related research and in clinical or surgical practice. In addition, it will be a primary point of contact for individuals working in other areas who suddenly find that their research is drawing them into the complexities of HLA genetics.

THE COMPREHENSIVE GUIDE TO PARKINSON'S DISEASE, which is fully referenced throughout, is by far the most comprehensive and extensive book concerning Parkinson's Disease. SECTION 1 HISTORY OF PARKINSON'S DISEASE : Chapter 1 (The history of Parkinson's Disease), Chapter 2 (Famous people with Parkinson's Disease) SECTION 2 PREVALENCE OF PARKINSON'S DISEASE : Chapter 3 (Prevalence of Parkinson's Disease) SECTION 3 BIOCHEMISTRY OF PARKINSON'S DISEASE : Chapter 4 (Dopamine biosynthesis), Chapter 5 (Coenzyme biosynthesis), Chapter 6 (Iron metabolism), Chapter 7 (Zinc metabolism), Chapter 8 (Manganese metabolism), Chapter 9 (Dopamine receptors), Chapter 10 (G proteins), Chapter 11 (Dopamine receptor phosphoprotein) SECTION 4 CYTOLOGY OF PARKINSON'S DISEASE : Chapter 12 (Dopaminergic neurons), Chapter 13 (Cytological effects) SECTION 5 ANATOMY OF PARKINSON'S DISEASE : Chapter 14 (Dopaminergic neuronal groups), Chapter 15 (Anatomical effects) SECTION 6 PHYSIOLOGY OF PARKINSON'S DISEASE : Chapter 16 (Dopaminergic pathways), Chapter 17 (Physiological effects) SECTION 7 SYMPTOMS OF PARKINSON'S DISEASE (symptoms, prevalence, causes of symptoms) : Chapter 18 (Primary symptoms), Chapter 19 (Symptom progression), Chapter 20 (Muscular system), Chapter 21 (Nervous system),

Chapter 22 (Alimentary system), Chapter 23 (Urinary system), Chapter 24 (Cardiovascular system), Chapter 25 (Respiratory system), Chapter 26 (Skeletal system), Chapter 27 (Integumentary system), Chapter 28 (Sensory system), Chapter 29 (Endocrine system), Chapter 30 (Reproductive system), Chapter 31 (Immune system) SECTION 8 DIAGNOSIS OF PARKINSON'S DISEASE : Chapter 32 (Observational methods), Chapter 33 (Technological methods), Chapter 34 (Chemical methods) SECTION 9 CAUSES OF PARKINSON'S DISEASE : Chapter 35 (Biochemical causes), Chapter 36 (Toxic causes), Chapter 37 (Causes of the 40 known genetic causes), Chapter 38 (Pharmacological causes), Chapter 39 (Medical causes - the pathophysiology, symptoms, causes of symptoms of all the medical disorders that can cause Parkinson's Disease symptoms) SECTION 10 TREATMENTS OF PARKINSON'S DISEASE (their pharmacology, biochemistry, symptoms, causes of symptoms) : Chapter 40 (Biochemical treatment), Chapter 41 (L-dopa), Chapter 42 (Dopamine agonists), Chapter 43 (MAO inhibitors), Chapter 44 (COMT inhibitors), Chapter 45 (Anti-cholinergics), Chapter 46 (Non-dopaminergic), Chapter 47 (Surgical treatments), Chapter 48 (Natural treatments), Chapter 49 (Exercise methods), Chapter 50 (Technological methods) APPENDIX : Appendix 1 (Parkinson's Disease organisations), Appendix 2 (Parkinson's Disease web sites), Appendix 3 (Parkinson's Disease nursing books)

Connecticut PracticeThe Comprehensive Guide to Parkinson's Disease

Analgesia, Anaesthesia and Pregnancy focuses on pre-empting problems and maximising quality of care. Every chapter of this well-established practical guide has been completely updated and revised. All aspects of obstetric medicine relevant to the anaesthetist are covered, from pre-pregnancy management to conception, throughout pregnancy, to postnatal care. The authors have identified over 150 potential complications, each covered in two parts: 'problems/special considerations' and 'management options', with key points prominently displayed for quick reference. A section on organisational aspects such as record keeping, training protocols and guidelines makes this an important resource for any labour ward or hospital dealing with pregnant women. Presented in a clear, structured format, this practical summary will be invaluable to any anaesthetist encountering obstetric patients, whether they are a practiced consultant or still in training. It will also be useful for obstetricians, neonatologists, midwives, nurses and operating department practitioners wishing to extend or update their knowledge.

Finland Country Study Guide - Strategic Information and Developments Volume 1 Strategic Information and Developments

New in the Big Game Hunter's Guide series, this book covers all the big game species in Wyoming by region. It includes information on hunting each species as well as hub city information that includes, hotels, campgrounds, restaurants, sporting goods stores, medical facilities, car repair services, airports, and much more. Distribution maps by region for each species are included also.

More than 500 detailed illustrations enhance this contemporary guide to the inner workings and mechanics of turn-of-the-century automobiles, trucks, and motorcycles. Released in 1911 as "Self-Propelled Vehicles: A Practical Treatise," James Homans' spectacular, all-encompassing book about the fascinating world of gas-powered, electric-powered, and steam-powered motor vehicles leaves no stone unturned in its celebration of the classic automobile. Classic car collectors, racers, and enthusiasts will enjoy this thorough look under the hood as Homans dissects every part of the "horseless carriage" from a unique and contemporary viewpoint that offers a keen insight into the bygone age of dramatic motoring. Antique Cars and Motor Vehicles spans more than 640 pages, immersing readers in a world of automotive history, vehicle parts, driving gears, steering, suspension, engines, exhaust, and even old fashioned American road signs. The hundreds of Images of cars, engines, parts, and mechanic operations are crisp and detailed, created by skilled master artists with a sharp eye for detail. It's everything that you ever wanted to know about classic motoring in a single, entertaining, and well-illustrated volume! This enhanced 2020 re-release features enlarged 7" x 10" pages that retain the original classic type font and page layouts, crisp, digitally re-scanned images, and a new retro cover design created to enhance your reading room and garage. Table of Contents: Chapter 1 - History of Self-Powered Vehicles Chapter 2 - The Make-Up of a Motor Carriage Chapter 3 - Compensation and Compensating Devices Chapter 4 - The Driving Car Chapter 5 - The Steering of a Motor Vehicle Chapter 6 - Combined Steering and Driving Chapter 7 - The Supports of a Motor Vehicle Chapter 8 - Motor Carriage Wheels Chapter 9 - Tires Chapter 10 - The Construction of Tires Chapter 11 - Pneumatic Tire Troubles Chapter 12 - Care of Pneumatic Tires Chapter 13 - Types and Merits of Automobiles Chapter 14 - The Theory of Heat Engines Chapter 15 - The Parts of a Gas Engine Chapter 16 - The Four-Cycle Gas Engine Chapter 17 - The Two-Cycle Gas Engine Chapter 18 - Compression and Expansion Chapter 19 - Efficiency in a Gas Engine Chapter 20 - Exhaust Chapter 21 - Water Cooling for the Cylinder Chapter 22 - Air Cooling for the Cylinder Chapter 23 - Power Elements of a Gas Engine Chapter 24 - Carburetors Chapter 25 - Ignition Chapter 26 - Balancing Gasoline Engines Chapter 27 - Governing and Control of a Gasoline Engine Chapter 28 - Clutches Chapter 29 - Transmissions Chapter 30 - Brakes Chapter 31 - Roller Bearings Chapter 32 - Lubricants Chapter 33 - Practical Operation of Gasoline Engines Chapter 34 - Motorcycles Chapter 35 - Steam Engines for Automobiles Chapter 36 - Boilers and Flash Generators

New chapters, new editors and contributors make Taylor and Hoyt's Pediatric Ophthalmology and Strabismus, 5th Edition, the most current and complete reference available in this evolving field. Editors Scott R. Lambert and Christopher J. Lyons, both globally recognized leaders, provide authoritative coverage of all the pediatric ophthalmic conditions you're likely to encounter in practice, including the latest clinical advances in etiology, diagnosis, and medical and surgical management. Expert guidance on the complete spectrum of childhood eye disorders and strabismus, including a unique "practical problems" section designed to help you handle difficult patient situations. More than 1,800 high-quality images and artworks provide visual guidance in diagnosis and management. A practical "how to" perform strabismus surgery chapter with extensive step-by-step artworks for complete visual guidance. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Comprehensive updates of all topics, with nine brand-new chapters covering significant advances in the management of refractive errors in children; binocular vision; conjunctival tumors; optimal approaches to patient-family communication, and a unique chapter on the impact of mobile apps for the pediatric ophthalmologist. State-of-the-art coverage of key areas such as OCT and all of the newest imaging techniques for the eye, orbit and visual pathways; anti-VEGF treatment for retinopathy of prematurity; and minimally invasive strabismus surgery.

This comprehensive code comprises all building, plumbing, mechanical, fuel gas and electrical requirements for one- and two-family dwellings and townhouses up to three stories. The IRC contains many important changes such as: An updated seismic map reflects the most conservative Seismic Design Category (SDC) based on any soil type and a new map reflects less conservative SDCs when Site Class A, B or D is applicable. The townhouse separation provisions now include options for using two separate fire-resistant-rated walls or a common wall. An emergency escape and rescue opening is no longer required in basement sleeping rooms where the dwelling has an automatic fire sprinkler system and the basement has a second means of egress or an emergency escape opening. The exemption for interconnection of smoke alarms in existing areas has been deleted. New girder/header tables have been revised to incorporate the use of #2 Southern Pine in lieu of #1 Southern Pine. New tables address alternative wood stud heights and the required number of full height studs in high wind areas.

Prepare for success on your board and shelf exams with the all-new Massachusetts General Hospital Study Guide for Psychiatry Exams. Based on the popular and authoritative Massachusetts General Hospital Comprehensive Clinical Psychiatry, 2nd Edition, this practical review tool contains 600 questions with annotated answers, offered both in print and online. You'll have convenient, flexible access to hundreds of relevant, carefully reviewed questions from MGH—the name trusted by psychiatry residents and practicing clinicians as a leader in psychiatry information and reference. Contains 600 multiple-choice questions and annotated answers that test your knowledge of every aspect of psychiatry, offering highly effective preparation for your primary certification exams. Divides questions into 94 sections that match the parent text, Massachusetts General Hospital Comprehensive Clinical Psychiatry, 2nd Edition. Helps you gain a better understanding of exam presentation and format as you study relevant content that is fully up to date with DSM-5. Allows you to study both in print and online, or review offline with the eBook download.

This book provides an up-to-date and comprehensive overview of research methods in second-language teaching and learning, from experts in the field. The Cambridge Guide to Research in Language Teaching and Learning covers 36 core areas of second-language research, organised into four main sections: Primary Considerations; Getting Ready; Doing the Research; Research Contexts. Presenting in-depth but easy to understand theoretical overviews, along with practical advice, the volume is aimed at 'students of research', including pre-service and in-service language teachers who are interested in research methods, as well as those studying research methods in Bachelor, MA, or PhD graduate programs around the world.

Your definitive guide to over 500 of the very best fashion & beauty websites to browse and buy from. Praise for the Shopaholic's guide to Buying Online 'Every girl's essential fairy godmother, Patricia Davidson, offers a passport through the minefield of internet sites to shopping heaven' Tessa Cunningham, Daily Mail. 'A comprehensive guide to all the best shipping destinations on the web' Vogue.com 'At last, an end to traipsing down the High Street in the rain...' Tatler Bag the best and feel fabulous in the latest looks, the hottest heels and the newest beauty accessories, all delivered straight to your door... If you thought you could save money by staying at home and avoiding the high street, the shopping mall or the West End, you can forget it. Just rejoice in the fact that luxury labels, unique boutiques, high street brands, premium and hard-to-find cosmetics and skincare are all now readily available online and waiting for you to click through to browse and buy. What are you waiting for? The featured websites have been handpicked and thoroughly researched by online shopping expert, Patricia Davidson, to bring you the complete low-down on product range, price range, delivery options, gift-wrapping, returns, and site usability.

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