

## Discovering Psychology 4th Edition

Written by a distinguished team of teachers, this fourth edition of *Thinking About Psychology* reflects up-to-date DSM-5 content and research, emphasizes psychology as a science, answers goal-oriented guiding questions, and provides a vast amount of assessment opportunities for students to regularly test their understanding. Students are sure to be engrossed by the engaging and conversational tone of authors Charlie Blair-Broeker and Randy Ernst, who have a combined 54 years of high school teaching experience and have led Psychology workshops in more than 30 states! The new edition of this bestselling guide to SPSS is the ideal companion for students learning how to use SPSS to analyse psychological data. As with previous editions, the book retains the comprehensive coverage, clarity and flexibility that has made it an indispensable resource for students at all levels. This 4th Edition: covers SPSS versions 16 and 17 and is backward compatible with other versions; focuses specifically on the needs of psychologists and psychology students; features a new colour layout and chapter tabs for easy reading and navigation; displays annotated screenshots and key 'tip' boxes to help students track their progress and avoid common pitfalls; provides expanded coverage of graphing and guides students through reporting the outcome of statistical analysis; and, sets SPSS in the context of research design and statistics, and discusses the rationale and use of each test throughout. In addition, a number of sample exercises, datasets and other useful information are available on the Companion Website, to support the text.

Do you have a strong science background? Or do you feel overwhelmed at the prospect of taking a behavioral neuroscience, biological psychology, or physiological psychology course? Either way, this text's clear writing, interesting examples, learning aids, and illustrations will keep you interested and on track. **DISCOVERING BEHAVIORAL NEUROSCIENCE: AN INTRODUCTION TO BIOLOGICAL PSYCHOLOGY**, 4th Edition includes classic concepts, current topics, and cutting-edge research to provide you with a foundational understanding of the structure and function of the nervous system and its relationship to both typical and disordered human behavior. You'll learn about the most current thinking in behavioral neuroscience while honing your critical thinking skills to prepare yourself for the future. Bringing both the science, and the real-life applications, of positive psychology to life for students This revision of the cutting edge, most comprehensive text for this exciting field presents new frameworks for understanding positive emotions and human strengths. The authors—all leading figures in the field—show how to apply the science to improve schooling, the workplace, and cooperative lifestyles among people. Well-crafted exercises engage students in applying major principles in their own lives, and more than 50 case histories and comments from leaders in the field vividly illustrate key concepts as they apply to real life.

**ESSENTIALS OF PSYCHOLOGY: CONCEPTS AND APPLICATIONS**, 5th Edition retains the hallmark features and pedagogical aids that have made this text unique in presenting the foundations of psychology in a manageable, reader-friendly format. Students gain a broad view of psychology and see applications of the knowledge gained from contemporary research to the problems and challenges we face in today's world. Nevid's comprehensive learning system, derived from research on memory, learning, and textbook pedagogy, is featured throughout. This model incorporates the Four E's of Effective Learning -- Engaging Student Interest, Encoding Information, Elaborating Meaning, and Evaluating Progress. Thoroughly updated with recent research developments, this edition also features an expanded focus on psychology in the digital world -- a topic students are sure to find fascinating and relevant. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. With Wiley's Enhanced E-Text, you get all the benefits of a downloadable, reflowable eBook with added resources to make your study time more effective, including: • Visual Concept Checks • Imbedded Glossary with clickable references & key words • Show & Hide Solutions with automatic feedback

Arbogast's *Discovering Physical Geography*, 4th Edition provides interactive questions that help readers comprehend important Earth processes. The Fourth Edition continues to place great emphasis on how relevant physical geography is to each reader's life. With an enhanced focus on the interconnections between humans and their environment, this text includes increased coverage of population growth and its impact on the environment. Updated case studies are included, as well as new sections dealing with human interactions with solar energy, wind power, soils, and petroleum. This text is welcoming, taking readers on a tour of "discovery", and delivers content that is sound and based on the most current scientific research.

"This book is designed to help students organize their thinking about psychology at a conceptual level. The focus on behaviour and empiricism has produced a text that is better organized, has fewer chapters, and is somewhat shorter than many of the leading books. The beginning of each section includes learning objectives; throughout the body of each section are key terms in bold followed by their definitions in italics; key takeaways, and exercises and critical thinking activities end each section"--BCcampus website.

Lecturers/instructors - request a free digital inspection copy here With a little help from his weird band of characters the Fourth Edition of the award-winning book continues, with its unique blend of humour and collection of bizarre examples, to bring statistics - from first principles to advanced concepts - well and truly to life using IBM SPSS Statistics. Lecturers: with WebAssign® you can manage and monitor your students' progress quickly and easily online or give them more opportunities to practise! Ideal for short courses, choose to use WebAssign® alongside the Fourth Edition of Andy Field's textbook to quickly set up courses and schedule assignments (using the 2159 questions available) and track individual performance so you can spot in an instant where more instruction or practice is needed. If not using for formal assessment, WebAssign® still lets you set questions for your students to practise over and over again. They get instant feedback and also links to the relevant chapter or section in the integral ebook to help them work out the correct solution. For more information on how to integrate WebAssign® into a forthcoming course or to arrange a class test please contact your local SAGE representative for more details. (Students please note: access to WebAssign® is dependent not only on the purchase of a student access code (ISBN: 9781446273043) but also a username, institution code and password supplied by your course leader/instructor). SAGE MobileStudy - study where and when you like

Scan any QR code within the book to access revision material on a smartphone or tablet such as Cramming Sam's Study tips, flashcard glossaries, interactive multiple choice questionnaires and more. Click here to take a look (if you're accessing the site from a desktop you'll be taken to the Companion Website instead; look out for the MobileStudy icon to show you which pages are also available on the MobileStudy site). See how Andy's book is changing the landscape for textbooks through the use of technology! Support materials for a wide range of disciplines Education and Sport Sciences lecturer support materials with enhanced ones for Psychology, Business and Management and the Health Sciences on the enhanced Companion Website make the book even more relevant to a wider range of subjects across the social sciences and where statistics is taught to a cross-disciplinary audience. Other major new updates include: Now fully compatible with recent IBM SPSS Statistics releases. Two new characters! Statistical cult leader Odit provides students with access to video clips via his Lantern to help further understanding of statistical/SPSS concepts, while Confusius helps students to make better sense of statistical terms. The enhanced Companion Website offers plenty of lecturer and student material to use in conjunction with the textbook. These include PowerPoints and subject-specific testbanks for lecturers as well as answers to the Smart Alex tasks at the end of the each chapter; datafiles for testing problems in SPSS; flashcards of key concepts; self-assessment multiple-choice questions; and online videos of key statistical and SPSS procedures discussed in the textbook for students. Video Links Go behind the scenes of the Fourth Edition, and find out about the man behind the book Watch Andy introduce SAGE MobileStudy Ask Andy Anything: Teaching stats... and Robbie Williams' head Ask Andy Anything: Gibson or Fender Ask Andy Anything: The one part of the book Andy hated writing Available with Perusall—an eBook that makes it easier to prepare for class Perusall is an award-winning eBook platform featuring social annotation tools that allow students and instructors to collaboratively mark up and discuss their SAGE textbook. Backed by research and supported by technological innovations developed at Harvard University, this process of learning through collaborative annotation keeps your students engaged and makes teaching easier and more effective. Learn more.

Sexuality is a central but highly controversial aspect of human nature. In this new undergraduate textbook, Simon LeVay and Sharon Valente aim to help students understand the diversity of human sexual expression as well as the various perspectives from which sexuality can be viewed. These perspectives range from biology and medicine, evolutionary theory, cognitive science, social psychology, feminism, and cross cultural studies to moral and political discourse. Rather than attempting to present cut and dried answers to contentious or unresolved sexual questions, the authors present solid data and a multiplicity of interpretive viewpoints. This approach helps students develop critical thinking, make informed decisions about their own sex lives, and contribute constructively and non-judgmentally to the social debate on sexual issues. The CD-ROM included with each text contains: learning objectives; study questions; self-quiz; discussion questions; key terms; glossary; and animations and activities.

This briefer, streamlined version of Don and Sandra Hockenbury's acclaimed text, Psychology, Second Edition, warmly invites students to explore the science that speaks most directly to their everyday lives. Using a narrative rich with engaging anecdotes and real-life stories--often drawn from the authors' own lives and experiences--Discovering Psychology helps to clarify abstract concepts and psychological principles. With its smart pedagogy, attractive design and state-of-the-classroom media and supplements package, there is no text better equipped for introducing students to the science that speaks most directly to their everyday lives.

Edward Tulane, a cold-hearted and proud toy rabbit, loves only himself until he is separated from the little girl who adores him and travels across the country, acquiring new owners and listening to their hopes, dreams, and histories. Jr Lib Guild. Teacher's Guide available. Reprint.

In this fresh new offering to the Intro Psychology course, authors John Cacioppo and Laura Freberg portray psychology as being an integrative science in two ways. First, they have written a text that reflects psychology's rightful place as a hub science that draws from and is cited by research in many other fields. Second, this text presents psychology as a unified science that seeks a complete understanding of the human mind, rather than as a loosely organized set of autonomous subspecialties. As psychology moves rapidly toward maturity as an integrative, multidisciplinary field, the introductory course offers an opportunity to teach all of psychology in one place and at one time. This text reflects that evolution--and the authors' excitement about it. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

With an exciting new look, math diagnostic tool, and a research roadmap to navigate projects, this new edition of Andy Field's award-winning text offers a unique combination of humor and step-by-step instruction to make learning statistics compelling and accessible to even the most anxious of students. The Fifth Edition takes students from initial theory to regression, factor analysis, and multilevel modeling, fully incorporating IBM SPSS Statistics© version 25 and fascinating examples throughout. SAGE edge offers a robust online environment featuring an impressive array of free tools and resources for review, study, and further exploration, keeping both instructors and students on the cutting edge of teaching and learning. Course cartridges available for Blackboard and Moodle. Learn more at [edge.sagepub.com/field5e](http://edge.sagepub.com/field5e) Stay Connected Connect with us on Facebook and share your experiences with Andy's texts, check out news, access free stuff, see photos, watch videos, learn about competitions, and much more. Video Links Go behind the scenes and learn more about the man behind the book at Andy's YouTube channel Andy Field is the award winning author of An Adventure in Statistics: The Reality Enigma and is the recipient of the UK National Teaching Fellowship (2010), British Psychological Society book award (2006), and has been recognized with local and national teaching awards (University of Sussex, 2015, 2016).

NOTE: Before purchasing, check with your instructor to ensure you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, and registrations are not transferable. To register for and use Pearson's MyLab & Mastering products, you may also need a Course ID, which your instructor will provide. Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for Pearson's MyLab & Mastering products may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. Discovering the Lifespan provides a broad overview of the field of human development and features a strong balance of research and application. In a unique departure from traditional lifespan development texts, each chapter is divided into three modules, and in turn, each module is divided into several smaller sections. Consequently, students encounter material in smaller, more manageable chunks that optimize learning.

More than any other introductory psychology textbook, the Hockenburys' brief book presents the discipline with a unique understanding of today's students--emphasizing its relevance and immediate impact on their lives. Without sacrificing science, the authors draw on personal experiences and anecdotes to illustrate essential concepts and important research direction. The

"Fourth Edition" incorporates hundreds of new research studies throughout, with particular attention to areas of intensive current research and enduring student interest, including neuroscience, lifespan development, memory, and gender and culture issues. Also new is the dramatically enhanced media and supplements package, offering more ways than ever to help students make the study of psychology a part of their world.

Dr. James W. Kalat's BIOLOGICAL PSYCHOLOGY is the most widely used text in the course area, and for good reason: an extremely high level of scholarship, clear and occasionally humorous writing style, and precise examples. Throughout all eleven editions, Kalat's goal has been to make biological psychology accessible to psychology students, not just to biology majors and pre-meds. Another goal has been to convey the excitement of the search for biological explanations of behavior, and Kalat delivers. Updated with new topics, examples, and recent research findings--and supported by new online bio-labs, part of the strongest media package yet--this text speaks to today's students and instructors. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Learning is an adventure—now students can see just how exciting it can be with Psychology: A Journey. In a course where professors are frequently confronted with students who haven't actually read their textbooks, Psychology: A Journey offers a proven and trusted solution: this popular text presents psychology in a way that sparks readers' curiosity, insights, imagination, and interest—getting students ""hooked"" on psychology and making them eager to read on. Journey's Canadian edition succeeds at covering not only essential topics at the core of psychology but many others at the cutting edge of current knowledge. The first psychology textbook to integrate the proven SQ4R (Survey, Question, Read, Recite, Reflect, and Review) active learning system, Journey helps readers grasp major concepts, develop a broad understanding of psychology's diversity, and see for themselves how psychology relates to the challenges of everyday life. Because readers become actively involved with the material, they develop a basic understanding of psychology that they take with them into their future courses and careers.

With its comprehensive, authoritative coverage and student-centered pedagogy, DISCOVERING BEHAVIORAL NEUROSCIENCE: AN INTRODUCTION TO BIOLOGICAL PSYCHOLOGY, 3rd Edition is ideal for a broad range of students taking a beginning undergraduate course in biological or physiological psychology. Retitled in this edition to reflect the increasing interest in, and importance of, neuroscience, the book provides a foundational understanding of the structure and function of the nervous system and its relationship to both typical and disordered human behavior. Written by an author with more than 30 years of teaching experience at schools ranging from community colleges to the Ivy League, this text presents classic concepts, current topics, and cutting-edge research in a style that is both accessible to beginning and less-prepared students and appealing to students with stronger backgrounds. As a result, the book allows instructors to teach a rigorous course that does not oversimplify the material, while keeping students excited and engaged. Reviewers have praised the text's clear narrative, high-interest examples, pedagogy, and purposeful art program. Updated with hundreds of new citations and to reflect changes in the DSM-5, this edition also includes new boxed features on ethics, careers, research, and health to engage students in the material, promote critical thinking, and prepare students for their future professions. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

A pioneering neuroscientist draws on detailed studies to demonstrate the correlation between social environments and health, offering insight into the differences between chronic loneliness and depression while explaining how social isolation can affect perceptions, behavior, and physiology. Reprint.

Discovering the Humanities helps students see context and make connections across the humanities by tying together the entire cultural experience through a narrative storytelling approach. Pearson Prentice Hall is proud to offer Discovering the Humanities—the new brief version of The Humanities: Culture, Continuity, and Change adapted by author Henry Sayre himself. Discovering the Humanities continues to help students see the big picture and make important connections through Henry Sayre's captivating narrative that has made the comprehensive text successful at schools across the nation. Henry Sayre took the introduction to the humanities course as a sophomore and was inspired to devote his life to the study of the humanities. He has always wanted to write a book that passes along the important and compelling stories of the humanities. Henry believes that students learn best by remembering stories, not by memorizing facts. What makes Discovering the Humanities special is that it tells the stories and captures the voices that have shaped and influenced human thinking and creativity.

This author team is committed to making statistics a highlight for psychology students! Now, in a 5th edition, Statistics for Psychology, continues to be an accessible, current, and interesting approach to statistics. With each revision, the authors have maintain those things about the book that have been especially appreciated, while reworking the text to take into account the feedback, their our own experiences, and advances and changes in the field. The fifth edition of this popular text uses definitional formulas to emphasize concepts of statistics, rather than rote memorization. This approach constantly reminds students of the logic behind what they are learning, and each procedure is taught both verbally and numerically, which helps to emphasize the concepts. Thoroughly revised, with new content and many new practice examples, this text takes the reader from basic procedures through analysis of variance (ANOVA). While learning statistics, students also learn how to read and interpret current research.

Do you want your students to just take psychology or to experience psychology? Experience Psychology is a complete learning system that empowers students to personally, critically, and actively experience the impact of psychology in everyday life. Experience Psychology is about, well, experience—our own behaviors; our relationships at home and in our communities, in school and at work; and our interactions in different learning environments. Grounded in meaningful real-world contexts, Experience Psychology's contemporary examples, personalized author notes, and applied exercises speak directly to students, allowing them to engage with psychology and to learn verbally, visually, and experientially—by reading, seeing, and doing. With the Experience Psychology learning system, students do not just “take” psychology but actively experience it. Experience a Personalized Approach How many students think they know everything about introductory psychology but struggle on the first exam? LearnSmart, McGraw-Hill's adaptive learning system, pinpoints students' metacognitive abilities and limitations, identifying what they know—and more importantly, what they don't know. Using Bloom's Taxonomy and a highly sophisticated “smart” algorithm, LearnSmart creates a personalized, customized study plan that's unique to each individual student's demonstrated needs. With virtually no administrative overhead, instructors using LearnSmart are reporting an increase in student performance by a letter-grade or more. Throughout

Experience Psychology, students find a wealth of personal pedagogical “asides” directly from Laura King to guide their understanding and stimulate their interest as they read. Some of these helpful notes highlight crucial terms and concepts; others prompt students to think critically about the complexities of the issues; other notes encourage students to apply what they have learned to their prior reading or to a new situation. These mini-conversations between author and students help develop analytical skills for students to carry and apply well beyond their course. Experience an Emphasis on Critical Thinking Experience Psychology stimulates critical reflection and analysis. Challenge Your Thinking sidebar features involve students in debates relevant to findings from contemporary psychological research. Thought-provoking questions encourage examination of the evidence on both sides of a debate or issue. Also oriented toward critical thought are the text’s Intersection selections. Showcasing studies in different areas of psychological research that are being conducted on the same topic, the Intersections shed light on the links between, and the reciprocal influences of, this exciting work, and they raise provocative questions for student reflection and class discussion. Experience an Emphasis on Active Engagement With the new Experience It! feature, students can use their mobile devices to practice and master key concepts wherever and whenever they choose. By snapping easily located QR codes, students gain access to videos, Concept Clips, and related news articles, for a highly portable, rich, and immersive experience that powerfully reinforces the chapter reading. Through Do It!, a series of brief, reoccurring sidebar activities linked to the text reading, students get an opportunity to test their assumptions and learn through hands-on exploration and discovery. Reinforcing that the science of psychology requires active participation, Do It! selections include, for example, an exercise on conducting an informal survey to observe and classify behaviors in a public setting, as well as an activity guiding students on how to research a “happiness gene.” Such exercises provide students with a vibrant and involving experience that gets them thinking as psychologists do. Experience Psychology helps students to perform to their maximum potential in and out of the classroom, fully engaging them in the content and experiences that comprise the world’s most popular undergraduate major.

This package contains the following components: -0205748597: Exploring Lifespan Development -0205690335: MyVirtualChild -- Standalone Access Card

This acclaimed classroom favourite makes the science of psychology come alive for students, with personal stories that exemplify important concepts in a student-friendly way and coverage of the field’s scientific foundations and advances. The substantially updated new edition extends the book’s focus on developing scientific literacy in the context of psychology, with new features in print and in the book’s new online course space, LaunchPad. These features are the result of the book’s most dramatic addition—Sandra Hockenbury’s new writing partnership with co-author, Susan Nolan, who shares her belief that the introductory course can help all kinds of students develop a real understanding of psychology and lasting scientific literacy without sacrificing the field’s research core. The book can also be purchased with the breakthrough online resource, LaunchPad, which offers innovative media content, curated and organised for easy assignability. LaunchPad’s intuitive interface presents quizzing, flashcards, animations and much more to make learning actively engaging.

The authors are proud sponsors of the 2020 SAGE Keith Roberts Teaching Innovations Award—enabling graduate students and early career faculty to attend the annual ASA pre-conference teaching and learning workshop. What key social forces construct and transform our lives as individuals and as members of society? How does our social world shape us? How do we shape our world? Discover Sociology presents sociology as a discipline of curious minds. The authors inspire curiosity about the social world and empower students by providing the theoretical, conceptual, and empirical tools they need to understand, analyze, and even change the world in which they live. Organized around four main themes—The Sociological Imagination, Power and Inequality, Technological Transformations of Society, and Globalization—the book illuminates the social roots of diverse phenomena and institutions, ranging from poverty and deviance to capitalism and the nuclear family. "Behind the Numbers" features illustrate the practical side of sociology and shows students how to be critical consumers of social science data reported in the media. And every chapter addresses the question, "What can I do with a sociology degree?" by linking the knowledge and skills acquired through studying sociology with specific jobs and career paths. A Complete Teaching & Learning Package SAGE Vantage Digital Option Engage, Learn, Soar with SAGE Vantage, an intuitive digital platform that delivers Discover Sociology, Fourth Edition textbook content in a learning experience carefully designed to ignite student engagement and drive critical thinking. Built with you and your students in mind, it offers easy course set-up and enables students to better prepare for class. Learn more. Assignable Video Assignable Video (available on the SAGE Vantage platform) is tied to learning objectives and curated exclusively for this text to bring concepts to life and appeal to different learning styles. Learn more. SAGE Coursepacks FREE! Easily import our quality instructor and student resource content into your school’s learning management system (LMS) and save time. Learn more. SAGE Edge FREE online resources for students that make learning easier. See how your students benefit. SAGE course outcomes: Measure Results, Track Success Outlined in your text and mapped to chapter learning objectives, SAGE course outcomes are crafted with specific course outcomes in mind and vetted by advisors in the field. See how SAGE course outcomes tie in with this book’s chapter-level objectives at [edge.sagepub.com/Chambliss4e](http://edge.sagepub.com/Chambliss4e). FREE POSTER: Tips from Sociology for Argument and Debate in a Civil Society

Uses engaging anecdotes and stories to make abstract material real and relevant without over-simplifying the science. The fourth edition features new research and expanded and updated coverage of neuroscience, as well as revised and updated chapters on Memory and Lifespan Development. The pedagogy has also been revised, in particular the Chapter Opening Prologues and the end-of-chapter revision material. Key Features: Current research and extensive updates throughout -- Publisher's blurb.

Provides students with the tools they need to go from inquiry to understanding. Psychology: From Inquiry to Understanding, 3/e provides the framework students need to go from inquiry to understanding by continuously modeling the application of the six key principles of scientific thinking. The text teaches students how to test their assumptions, and motivates them to use scientific thinking skills to better understand the field of psychology and the world around them. MyPsychLab is an integral part of the Lilienfeld / Lynn / Namy / Woolf program. Key learning applications include writing assessment, MyPsychLab video series, and simulations. This text is available in a variety of formats - digital and print. Pearson offers its titles on the devices students love through Pearson's MyLab products, CourseSmart, Amazon, and more. Teaching & Learning Experience This program will provide a better teaching and learning experience -- for you and your students. Here's how: Personalize Learning - MyPsychLab is an online homework, tutorial, and assessment program. It helps students prepare for class and instructor gauge individual and class performance. Improve Critical Thinking - Numbered learning objectives and section summaries help readers build critical thinking and study skills. Engage Students - Visual activities, such as labeling of figures and completion of summary tables, help students review key concepts. Explore Research - "Apply Your Scientific Thinking Skills" questions are tied to outside research assignments. Support Instructors - Support Instructors--A full set of supplements, including MyPsychLab, provides instructors with all the resources and support they need. 0205961673 / 9780205961672 Psychology: From Inquiry to Understanding Plus NEW MyPsychLab with Pearson eText -- Access Card Package Package consists of: 0205206514 / 9780205206513 NEW MyPsychLab with Pearson eText -- Valuepack Access Card 0205959989 / 9780205959983 Psychology: From Inquiry to Understanding

Check out a preview. More than any other introductory psychology textbook, the Hockenburys' brief book is the one in which students see themselves – and the world they live in. The new edition builds on that distinction, presenting the discipline with a unique understanding of today's students in all their diversity, emphasizing the field's immediate impact on their lives. Without sacrificing science, Don and Sandy Hockenbury draw on personal experiences and anecdotes to illustrate essential concepts and important research directions. FREE PACKAGE ITEMS WITH THIS EDITION UPON ORDERING The Discovering Psychology eBook, Online Study Center, or Study Guide can be packaged FREE with this new edition: Discovering Psychology and Study Guide ISBN-13: 978-1-4292-1749-1 Discovering Psychology and Online Study Center ISBN-13: 978-1-4292-4697-2

Using an engaging narrative, this textbook demonstrates how social processes are inherently interconnected by uniquely applying underlying and unifying principles throughout the text. With its comprehensive coverage of classic and contemporary research—illustrated with real-world examples from many disciplines, including medicine, law, and education—Social Psychology 4th Edition connects theory and application, providing undergraduate students with a deeper and more holistic understanding of the factors that influence social behaviors. New to the 4th Edition: Each chapter now features 1-2 "culture" boxes, focusing on cross-cultural research on social psychological phenomena. Each chapter now features 1-2 "hot topic" boxes, where we highlight cutting edge and emerging findings. Many references updated throughout, with over 700 new references. A more comprehensive and user-friendly set of online supplementary resources will accompany the new edition. New co-author Heather Claypool of Miami University of Ohio.

Psychology has insights relevant to all majors, all people. As a hub science, it also provides foundational material for many other scientific disciplines. Cacioppo/Freberg/Cacioppo's DISCOVERING PSYCHOLOGY: THE SCIENCE OF MIND, 4th edition, presents a cohesive understanding of the field, highlighting connections within psychology as well as between psychology and other disciplines. The fourth edition includes a new emphasis on social connectivity and loneliness, interpersonal relationships and myth busting, while author Dr. Stephanie Cacioppo brings additional insight as a licensed clinician. Smart and engaging writing, illuminating visuals and sound science illustrate the depth, breadth and diversity of this exciting field. Up-to-date coverage offers insight into the latest research, while hands-on activities help you sharpen your critical thinking skills. Also available: MindTap.

Widely regarded as the authoritative reference in the field, this volume comprehensively reviews theory and research on the self. Leading investigators address this essential construct at multiple levels of analysis, from neural pathways to complex social and cultural dynamics. Coverage includes how individuals gain self-awareness, agency, and a sense of identity; self-related motivation and emotion; the role of the self in interpersonal behavior; and self-development across evolutionary time and the lifespan. Connections between self-processes and psychological problems are also addressed. New to This Edition \*Incorporates significant theoretical and empirical advances. \*Nine entirely new chapters. \*Coverage of the social and cognitive neuroscience of self-processes; self-regulation and health; self and emotion; and hypoegetic states, such as mindfulness.

Creativity is about capturing those moments that make life worth living. The author's objective is to offer an understanding of what leads to these moments, be it the excitement of the artist at the easel or the scientist in the lab, so that knowledge can be used to enrich people's lives. Drawing on 100 interviews with exceptional people, from biologists and physicists to politicians and business leaders, poets and artists, as well as his 30 years of research on the subject, Csikszentmihalyi uses his famous theory to explore the creative process. He discusses such ideas as why creative individuals are often seen as selfish and arrogant, and why the tortured genius is largely a myth. Most important, he clearly explains why creativity needs to be cultivated and is necessary for the future of our country, if not the world.

#1 NATIONAL BESTSELLER #1 INTERNATIONAL BESTSELLER What does everyone in the modern world need to know? Renowned psychologist Jordan B. Peterson's answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. Humorous, surprising and informative, Dr. Peterson tells us why skateboarding boys and girls must be left alone, what terrible fate awaits those who criticize too easily, and why you should always pet a cat when you meet one on the street. What does the nervous system of the lowly lobster have to tell us about standing up straight (with our shoulders back) and about success in life? Why did ancient Egyptians worship the capacity to pay careful attention as the highest of gods? What dreadful paths do people tread when they become resentful, arrogant and vengeful? Dr. Peterson journeys broadly, discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life. 12 Rules for Life shatters the modern commonplaces of science, faith and human nature, while transforming and ennobling the mind and spirit of its readers.

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