

Mothering Sunday The Most Heart Rending Saga Youll Read This Year Days Of The Week

Three books in one! Introducing the heartwarming Days of the Week Collection from Sunday Times bestselling author, Rosie Goodwin, with the novels Mothering Sunday, The Little Angel and A Mother's Grace . . . ***MOTHERING SUNDAY*** The child born on the Sabbath Day, Is bonny and blithe, and good and gay. 1884. Fourteen-year-old Sunday has grown up in the cruelty of the Nuneaton workhouse. When she finally strikes out on her own, she is determined to return for those she left behind, and to find the long-lost mother who gave her away. But she's about to discover that the brutal world of the workhouse will not let her go without a fight. ***THE LITTLE ANGEL*** Monday's child is fair of face. 1896. Left on the doorstep of Treetops Children's Home, young Kitty captures the heart of her guardian, Sunday Branning, and grows into a beguiling and favoured young girl - until she is summoned to live with her birth mother. In London, nothing is what it seems, and her old home begins to feel very far away. If Kitty is to have any chance of happiness, this little angel must protect herself from devils in disguise . . . and before it's too late. ***A MOTHER'S GRACE*** Tuesday's child is full of grace. 1910. When her father's threatening behaviour grows worse, pious young Grace Kettle escapes her home to train to be a nun. But when she meets the dashing and devout Father Luke, her world is turned upside down. She is driven to make a scandalous choice - one she may well spend the rest of her days seeking forgiveness for.

I share this account of an apparently simple family event; the sharing of a breakfast meal, celebrating Mothering Sunday; as a way of thinking about how shared experiences, especially of shared meals, which are always more meaningful than they first seem. That Sunday morning, even whilst enjoying the friendly atmosphere and the delicious food, I somehow knew that there was a story to tell; this is but one version. Although my thinking is sociological and methodological, I have tried to tell it as a story, through which I might be able to capture something of the essence of the extraordinary in the ordinariness of a simple shared meal!

For thousands of years and in a myriad of cultures, women have forged identity, unconditional love, and vast purpose in the calling of motherhood. From Eve to Sarah, from Ruth to Mary, the Scriptures are filled with the accounts of the heart of a mother who was given a divine opportunity to raise the next generation for the purposes and call of the Father. Inside the soul of every mother lies a heart that becomes a repository of sweet memories, hard lessons, glorious victories, ordinary days, glaring failures, and God's grace over the years of mothering. The heart of a mother becomes home to jokes around the dinner table, holiday traditions, the tears of childhood, and the love that only a mother knows. And this tender heart that has given birth to the future of mankind or has lovingly adopted the seeds of the next generation also develops rooms of unsurpassed greatness and quiet strength. These are the Rooms of a Mother's Heart. With her characteristic charm, joy, and biblical teaching that she shares like a good friend over a cup of coffee, Carol McLeod examines what it means to be a mother and offers tender encouragement to all women who accept that calling.

Focusing upon the bond between mother and child, this unique gift book offers an inspiring collection of poetry, spiritual insights, quotations, and journal entries to help women celebrate the joys of motherhood.

This resource for children's work offers material on the major festivals of the Christian year, some well known saints days and a selection of the "new names" in the three-year lectionary. Each chapter includes: an introductory illustration relating to the person or festival; a biblical, historical and/or bibliographical introduction to the saint or festival; a summary of the main themes of the story or festival to be explored in the activity ideas; craft, music, games or cookery ideas; suggestions for how the material can be incorporated into Church worship or a school assembly.

If you love Dilly Court, you'll love Sunday Times Bestseller Rosie Goodwin. 1884, Nuneaton. Fourteen-year-old Sunday Small has never lived outside the Nuneaton workhouse. The regime is cruel, and if it weren't for Miss Beau - who comes in every week to teach the children their letters - and her young friend Daisy, Sunday's life wouldn't be worth living. And now she's attracted the unwelcome attention of the workhouse master. With no choice but to leave behind everything she knows, Sunday strikes out on her own to make her fortune and to fulfil her promise to come back for Daisy. And, secretly she dreams of finding the long-lost mother who gave her away. But she's about to discover that, try as she might to escape, the brutal world of the workhouse will not let her go without a fight . . . Mothering Sunday is the first book in Rosie Goodwin's Days of the Week Collection. Why not try the rest, The Little Angel, A Mother's Grace, The Blessed Child, A Maiden's Voyage, A Precious Gift and Time to Say Goodbye?

Who decides how, when, and where Americans fall in love and get married? Virginia Wexman's acute observations about movie stars and acting techniques show that Hollywood has often had the most powerful voice in demonstrating socially sanctioned ways of becoming a couple. Until now serious film critics have paid little attention to the impact of performance styles on American romance, and have often treated "patriarchy," "sexuality," and the "couple" as monolithic and unproblematic concepts. Wexman, however, shows how these notions have been periodically transformed in close association with the appearance, behavior, and persona of the stars of films such as The Maltese Falcon, The Big Sleep, Way Down East, The Man Who Shot Liberty Valance, Sunset Boulevard, On the Waterfront, Nashville, House of Games, and Do the Right Thing. The author focuses first on the way in which traditional marriage norms relate to authorship (the Griffith-Gish collaboration) and genre (John Wayne and the Western). Looking at male and female stardom in terms of the development of "companionate marriage," she discusses the love goddess and the impact of method acting on Hollywood's ideals of maleness. Finally she considers the recent breakdown of the ideal of monogamous marriage in relation to Hollywood's experimentation with self-reflexive acting styles. Creating the Couple is must reading for film scholars and enthusiasts, and it will fascinate everyone interested in the changing relationships of men and women in modern culture.

Seventy-year-old widowed Anna Caldwell likes to be alone, happy to potter around her garden chatting to her friend Miss Poe. However, the bliss of Anna's peaceful lifestyle causes her five children much dismay. Jane, the eldest and most organised, gathers her siblings together to visit Anna on Mothering Sunday. Henry the politician, Margaret the doctor and the youngest, Felicity, all agree to attend with their partners . . . but that leaves Tony, the shadow on the family's respectable past. Carnegie Medal winning author Noel Streatfeild pieces together a startling image of the post-war British family in her novel Mothering Sunday.

From the bestselling author of The Little Angel; perfect for fans of Dilly Court and Katie Flynn. 'Rosie writes such heart-warming sagas featuring believable characters and well-researched backgrounds and

eras' Lyn Andrews 'An absorbing story in the grand tradition of the best saga authors' Margaret Dickinson 'The new Catherine Cookson' Coventry Evening Telegraph Tuesday's child is full of grace . . . Warwickshire, 1910. Grace Kettle lives a happy life with her beloved mother and reliable old Mrs Batley - happy, at least, as long as Judge Kettle, her formidable and threatening father, is away from home. As she grows into a gentle and pious young woman the atmosphere at home darkens. Knowing that she cannot protect her mother, Grace eventually flees to rural Wales, following her heart's desire to train as a nun. But when she meets the dashing and devout Father Luke her world is turned upside down. She is driven to make a scandalous choice - one she may well spend the rest of her days seeking forgiveness for . . . A Mother's Grace is the third book in Rosie Goodwin's Days of the Week Collection. Why not try the rest, Mothering Sunday, The Little Angel, The Blessed Child, A Maiden's Voyage, A Precious Gift and Time to Say Goodbye?

Mark Oakley is one of the church's most outstanding communicators. In this series of fifty beautifully crafted reflections, with characteristic wit, he traverses the landscape of the Christian year. His writing is shaped by a sense that language is sacramental, with a poet's gift of opening up new worlds and new possibilities simply through words.

The importance of mothers has been a seamless thread throughout the history of the human race. This collection of facts and quotes recognizes the role mothers have always played in the lives of their children and families.

From the Booker Prize-winning author, an intensely moving tale that begins with a secret lovers' assignation in the spring of 1924, then unfolds to reveal the whole of a remarkable life. Soon to be a major motion picture "Exquisite ... shows love, lust, and ordinary decency struggling against the bars of an unjust English caste system." —Kazuo Ishiguro, *The Guardian* On an unseasonably warm spring day in the 1920s, twenty-two-year-old Jane Fairchild, a maid at an English country house, meets with her secret lover, the young heir of a neighboring estate. He is about to be married to a woman more befitting his social status, and the time has come to end the affair—but events unfold in ways Jane could never have predicted. As the narrative moves back and forth across the twentieth century, what we know and understand about Jane—about the way she loves, thinks, feels, sees, and remembers—expands with every page. In *Mothering Sunday*, Swift has crafted an emotionally soaring and profoundly moving work of fiction.

"A Book of Feasts and Seasons" recaptures the lost traditions surrounding major feasts and festivals--every occasion of the Christian Year.

For more than twenty-five years, *Mothering* magazine has captured an audience of educated women who appreciate its "we'll inform, you choose" approach to parenting. *Having a Baby, Naturally* reflects this spirit with straightforward, uncensored information about pregnancy and childbirth, addressing common concerns and questions in a compassionate, nonjudgmental style. Written by Peggy O'Mara, the longtime publisher, editor, and owner of *Mothering* magazine, it synthesizes the best theories and safest practices used in natural childbirth, including recommendations from the World Health Organization, the American Academy of Pediatrics, and the American College of Obstetricians and Gynecologists. Throughout, O'Mara reinforces her belief that each woman's pregnancy and birth experience is a one-of-a-kind event. She covers such topics as: Nutrition, diet, and exercise Emotional self-awareness during and after pregnancy A trimester-by-trimester guide to what is happening in your body and your child's Birth choices -- offering suggestions, not "rules" Pain medication alternatives Birth locations, from hospitals to home birth Relieving morning sickness with natural remedies Prenatal testing Breastfeeding Prematurity and multiple births Balancing work and family The father's role during pregnancy and beyond Difficult subjects, such as birth defects, miscarriages, and postpartum depression, are also treated with sensitivity and candor. Finally, a book for the thinking woman who believes in her own inherent capacity to make smart, informed decisions about her pregnancy and birth, just as she makes in other areas of her life. *Having a Baby, Naturally* is a celebration of childbirth and an accurate and objective guide to helping women fortify their spirits, develop trust in their bodies, and make the best possible choices to protect their new baby's health.

A collection of stories by mothers of transgender and gender variant children.

With all her signature warmth, wonderful characters and unforgettable drama, start this brand new chapter in the storytelling of Rosie Goodwin, Britain's best-loved saga author 1850. When Opal Sharp finds herself and her younger siblings suddenly orphaned and destitute, she thinks things can get no worse. But soon three of them - including Opal - are struck down with the illness that took their father from them, and her brother Charlie is forced to make an impossible decision. Unable to afford a doctor, he knows the younger children will not survive. So, unbeknownst to Opal, Charlie takes their younger siblings to the workhouse, where he knows they will at least be fed and have a roof over their heads. Opal is heartbroken and struggles to forgive him. Charlie, in turn, takes bigger and bigger risks to try to support what's left of the Sharp family and earn Opal's forgiveness - but he takes it too far and finds himself in trouble with the law. Soon, he is sent on a convict ship to Australia. As poor Opal is forced to say goodbye to the final member of her family, she makes a promise to reunite them all one day. Will Opal ever see her family again?

Muslim *Mothering* is an interdisciplinary volume, concentrating on the experiences of Muslim mothers, largely in the contemporary period. The volume is notable for the global range of its contributors and topics, indicative of the number of Muslim majority national contexts and large and diverse Muslim diaspora of today's world. While motherhood is highly valued in the sacred texts of Islam, the lived reality of Muslim mothers demonstrates that their lives do not often conform with traditional religious paradigms. For instance, prominent among the themes uniting these essays from diverse global contexts are the challenges facing Muslim mothers to protect and nurture their children in the context of war and militarization. With ongoing turbulence in the Middle East and subcontinent, many Muslims mothers face the difficulties of rearing children amongst frequent bombings and episodes of violence. Muslim mothers living in the diaspora face other challenges, such as the difficulty of fostering positive Muslim identity as a minority and in a context of Islamophobia. Other contributions discuss the way that Muslim mothers negotiate cultural institutions and practices, such as divorce, adoption/guardianship, post-partum confinement, and societal/religious expectations of procreation. This collection demonstrates the diverse and complex ways that Muslim mothers define and redefine the resources of Islam to negotiate better situations for themselves and their children, revealing how religious identity is a dynamic and vital force in their everyday lives.

From the Sunday Times bestselling author of *The Blessed Child*; perfect for fans of *Dilly Court*, *Katie Flynn* and *Catherine Cookson*. 'Goodwin is a master of her craft. The perfect book for a cold winter's evening' *Lancashire Evening Post* 'Goodwin is a fabulous writer' *Worcester Evening News* 'A vibrant page-turner with entrancing characters' Margaret Dickinson 'Rosie writes such heartwarming sagas' Lyn Andrews Thursday's child has far to go . . . 1912, London. Eighteen-year-old Flora Butler is going up in the world. She has the prized position of lady's maid to young Constance Ogilvie, and is able to provide for her beloved parents and four younger siblings. She has even fallen in love, and though she does not feel quite ready to marry the charming

Jamie Branning, her future seems clear. But Flora's life is turned upside down when her mistress's father dies in a tragic accident. Connie is forced to move to New York to live with her aunt until she comes of age, and begs Flora to go with her. Flora has never left the country before, and now faces a difficult decision - give up her position, or leave her family behind. But when her beau lets her down, her mind is made up. Soon Connie and Flora head for Southampton to board the RMS Titanic ... A Maiden's Voyage is the fifth book in Rosie Goodwin's Days of the Week Collection. Why not try the rest, Mothering Sunday, The Little Angel, A Mother's Grace, The Blessed Child, A Precious Gift and Time to Say Goodbye?

One winter's night, Molly Ershaw rescues a newborn baby from the snow and changes two families forever. The tiny girl grows into a beautiful and gifted young woman. Although devoted to Molly, whom she believes is her grandmother. Amy has far-reaching ambitions. She longs to move beyond ribbon-weaving to designing hats and clothes. Her talent is recognised by Samuel Forrester, owner of famous hat factories and shops. But Samuel is a haunted man with secrets in his past that torture him and his family. Amy's dreams seem to be coming true but caught between two worlds, she must choose where her heart truly belongs.

Perfect for fans of Dilly Court and Katie Flynn. 'An absorbing story in the grand tradition of the best saga authors' Margaret Dickinson 'Rosie writes such heart-warming sagas' Lyn Andrews 'The new Catherine Cookson' Coventry Evening Telegraph 1896, Nuneaton. Left on the doorstep of Treetops Children's Home, young Kitty captures the heart of her guardian, Sunday Branning, who has never been blessed with a child of her own. Kitty brings sunshine and joy wherever she goes, and grows into a beguiling and favoured young girl. But then Kitty is summoned to live in London with her birth mother. At first London offers Kitty excitement and adventure. With her delicate beauty and the voice of an angel, she attracts a promising singing career and the attention of a number of dashing suitors. But those now close to Kitty are not what they seem, and her comforting old home at Treetops starts to feel very far away. If Kitty is to have any chance of happiness, this little angel must protect herself from devils in disguise . . . and before it's too late. This is what you've been saying about Rosie Goodwin: 'What a brilliant book I enjoyed every bit of it and I will recommend it to all my friends' 'What an excellent read, couldn't put book down . . . Rosie Goodwin never disappoints' 'Have read all Rosie Goodwin books and this is one of her best' 'What an amazing book, once you pick it up you cannot put it down' 'A truly great read' 'A really gripping story' The Little Angel is the second book in Rosie Goodwin's Days of the Week Collection. Why not try the rest, Mothering Sunday, A Mother's Grace, The Blessed Child, A Maiden's Voyage, A Precious Gift and Time to Say Goodbye?

LONGLISTED FOR THE WALTER SCOTT PRIZE From the Booker-winning author of Last Orders and Waterland comes a long-awaited new novel. 'Mothering Sunday is bathed in light; and even when tragedy strikes, it blazes irresistibly... Swift's small fiction feels like a masterpiece' The Guardian It is March 30th 1924. It is Mothering Sunday. How will Jane Fairchild, orphan and housemaid, occupy her time when she has no mother to visit? How, shaped by the events of this never to be forgotten day, will her future unfold? Beginning with an intimate assignation and opening to embrace decades, Mothering Sunday has at its heart both the story of a life and the life that stories can magically contain. Constantly surprising, joyously sensual and deeply moving, it is Graham Swift at his thrilling best. Praise for Mothering Sunday: 'Mothering Sunday is a powerful, philosophical and exquisitely observed novel about the lives we lead, and the parallel lives – the parallel stories – we can never know ... It may just be Swift's best novel yet' The Observer 'Dazzling . . . a vanished world is resurrected with superb immediacy . . . wonderfully accomplished' Sunday Times 'Stunning . . . It is about the most perfect novel you could wish to read' The Guardian 'From start to finish Swift's is a novel of stylish brilliance and quiet narrative verve . . . Swift is a writer at the very top of his game' Evening Standard 'Exquisite . . . Mothering Sunday shows love, lust and ordinary decency straining against the bars of an unjust English caste system' Kazuo Ishiguro 'Mastery and resonance . . . It's one of the novel's great strengths to be able to shift with such agility between focus scene and lifetime recollection . . . the languid, blissful minutes of March 30, 1924 seem to contain all the succeeding decades' Times Literary Supplement 'A dazzling read: sexy, stylish, subversive' Herald Scotland 'A jewel of a book, a subtle, erotically charged novella suspended between past and future' Hermione Lee 'A work of gold from the subtle pen of the great Graham Swift' Le Monde 'With this novel he captures what it means to be alive' Der Spiegel 'An exquisite novella of love and loss . . . a short yet powerful and intricately layered work . . . every sentence counting and not a word out of place' The Australian

Combining real-life stories with expert research, the authors of What Every Mom Needs identify the different kinds of love that children need. From Elisa Morgan and Carol Kuykendall of MOPS International (Mothers of Preschoolers) comes a valuable resource for all mothers struggling to meet the challenges of raising young children. Full of encouragement and sound advice, this work outlines the nine basic needs for each child: Security, Affirmation, Belonging, Discipline, Guidance, Respect, Play, Independence, and Hope. Compiled with touching stories and helpful advice from moms and researchers alike, this book will help you to gain confidence as you continue to provide your children with their foundation for life.

A Warm and Practical Guide to Writing the Perfect Card Message Are you at a complete loss for words when a birthday card or congratulatory card circulates at the office? When was the last time you mailed a "thinking of you" card to a faraway family member, just to say hello? What should you write to a grieving friend? How do you comfort a colleague in a time of need? Every greeting card needs a personal, handwritten message to make it complete. In this comprehensive, encouraging guide, journalist and lifestyle expert Sandra Lamb offers a wealth of advice, inspiration, and examples for anyone who wants to add the perfect personal touch to their card messages---as well as anyone who wants to know the etiquette of when and what to write. Something as small as a heartfelt message on a greeting card can help remedy our hectic, e-mail--dependent lives. Lamb provides tips and sample messages for every occasion under the sun, both happy and somber (thank-you, birthday, birth and adoption, condolence), and explains the meanings of possibly unfamiliar holidays and religious rituals to aid in the writing of appropriate messages. This personal, indispensable guide will help you rekindle the joy of putting pen to paper and truly connect with loved ones and friends.

This novel of love in the world of 1950s vaudeville is a masterwork of literary magic from the Booker Prize-winning author of Last Orders and Mothering Sunday It is 1959 in Brighton, England, and the theater at the end of the famous pier is having its best summer season in years. Ronnie, a brilliant young magician, and Evie, his dazzling assistant, are top of the bill, drawing a full house every night. And Jack is everyone's favorite master of ceremonies, holding the whole show together. But as the summer progresses, the drama among the three begins to overshadow their success onstage, setting in motion events that will reshape their lives. Vividly realized, tenderly comic, and quietly shattering, Here We Are is a masterly work of literary magic. Every loss mama deserves to be reminded she is the mother of all mothers.

The new heartbreaking wartime saga from the Sunday Times bestselling author of A Precious Gift. Perfect for fans of Dilly Court and Katie Flynn. 'A vibrant page-turner with entrancing characters' Margaret Dickinson 'Rosie writes such heartwarming sagas' Lyn Andrews Nuneaton, 1935. Kathy has grown up at Treetops home for children, where Sunday and Tom Branning have always cared for her as one of their own. She enjoys her life at Treetops Manor, surrounded by her beloved horses, and with a future as a nurse ahead of her, she could wish for nothing more. Her foster sister Livvy is not as driven as Kathy. Sunday is keen to see both her girls married, but Livvy has no intentions of settling down and would much rather spend time with her friends. When Kathy falls for the wrong man, her ambitions are soon forgotten as she embarks on a secret affair. The Branning family is overwhelmed with grief when Tom dies suddenly in a riding accident. The running of the estate falls into chaos and life at Treetops will never be the same again. As their financial difficulties begin to mount, they are forced to leave their home. The women of Treetops think that things can't get any worse. But then it is announced that the country is at war once more . . . Time to Say Goodbye is the seventh and final book in Rosie Goodwin's Days of the Week Collection. Why not try the rest, Mothering Sunday, The Little Angel, A Mother's Grace, The Blessed Child, A Maiden's Voyage and A Precious Gift?

To the charity workers, Dabaab refugee camp is a humanitarian crisis; to the Kenyan government, it is a 'nursery for terrorists'; to the western media, it is a dangerous no-go area; but to its half a million residents, it is their last resort. Situated hundreds of miles from any other settlement, deep within the inhospitable desert of northern Kenya where only thorn bushes grow, Dadaab is a city like no other. Its buildings are made from mud, sticks or plastic, its entire economy is grey, and its citizens survive on rations and luck. Over the course of four years, Ben Rawlence became a first-hand witness to a strange and desperate limbo-land, getting to know many of those who have come there seeking sanctuary. Among them are Guled, a former child soldier who lives for football; Nisho, who scrapes an existence by pushing a wheelbarrow and dreaming of riches; Tawane, the indomitable youth leader; and schoolgirl Kheyro, whose future hangs upon her education. In City of Thorns, Rawlence interweaves the stories of nine individuals to show what life is like in the camp and to sketch the wider political forces that keep the refugees trapped there. Rawlence combines intimate storytelling with broad socio-political investigative journalism, doing for Dadaab what Katherine Boo's Behind the Beautiful Forevers did for the Mumbai slums. Lucid, vivid and illuminating, City of Thorns is an urgent human story with deep international repercussions, brought to life through the people who call Dadaab home.

The mother-daughter relationship has preoccupied feminist writers for decades, but typically it has been the daughter's story at centre-stage. Mothering the Self brings together these maternal and daughterly stories by drawing on in-depth interviews with women who speak both as mothers and as daughters. This study examines the ways in which these mothers and daughters participate in their understanding of class, gender, and race locations, both using and resisting them. The result is a fresh start from which to consider the far-reaching implications of this relationship - not simply for mothers and daughters, but in terms of how we understand the shaping of the self and its place within the social world.

Heart Talks with Mother God

Create new forms of mothering and learn to facilitate daily access to the power, spirit, and joy that mothering from the center brings. Building on themes from Tami Lynn Kent's award-winning Wild Feminine, Mothering from Your Center takes a groundbreaking, holistic approach to women's health as Kent provides gentle guidance through the emotional and physical transformative process of pregnancy, birth, and motherhood. Revealing her own soul-filled journey from miscarriage to motherhood, Kent offers an intimate and comprehensive guide to reclaiming the energetic center of the female body. Drawing on her work with thousands of women and the energy of the pelvic bowl, Kent teaches you to access the creative potential of your center and the profound medicine it contains for all aspects of mothering and living creatively. Learn how to • engage the energetic power of the pelvic bowl; • heal from pregnancy and birth; • strengthen the bond between mother and child; • create holistic family harmony; • find balance between work and home; • enhance creativity and joy. Whether you are pregnant, trying to conceive, recovering from childbirth, or raising children today, Mothering from Your Center will help you tap into your core feminine energy and explore your full creative range.

'A tender and heart-breaking story with a shocking family secret at its centre...I was weeping happy tears at the end' Saskia Sarginson One crisp and bright Mothering Sunday, Alexandra Abbott's now elderly mother, Elizabeth, reveals a secret that she has kept buried for over 50 years... April 1963: Aspiring artist Kitty Campbell has recently given birth to her first child in a mother and baby home. Kitty is to give her baby away for adoption but, when the day comes, she can't bring herself to part with her tiny daughter. In desperation, Kitty flees. She stops at a tea shop to feed her hungry baby and meets the owner, Bet - a mother with her own heartache to bear. But Bet is kind to Kitty, holding the baby and offering a listening ear. Then Kitty makes a decision that will change all their lives for ever. Several decades later, can the truth from that day finally right the past and bring a mother and daughter together? A heart-rending family drama perfect for fans of Fern Britten, Rachel Hore and Dilly Court. "Full of insight and wisdom, Mothering Sunday is an inspirational story with uplifting messages about family love, belonging and second chances... the perfect gift for your own special mum" Lancashire Post

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