

The Rfu Rugby Union Referees Manual

This guide to the laws of rugby union shows how to prepare for the big game, understand the relationship between players and referee, maintain consistent standards of refereeing and how to interpret the new laws. It gives real-life match examples of how regulations are put into place.

Teams are everywhere - business, industry, schools, hospitals and government. There are executive, management and cross-functional teams, as well as teams formed for specific tasks and projects. But when a team can succeed or fail on the quality and effectiveness of its leader, everyone will have a view on the leadership qualities that are most important. So what makes a successful team? And what can leaders do to ensure that their teams collaborate effectively and are committed to the right goals? The Leadership of Teams examines some of the most common challenges facing both teams and leaders, including: - interpersonal challenges; - working in a global context; - different roles in different teams; - multicultural teams; and - coaching and developing team members. Written by experienced academics and practitioners, The Leadership of Teams incorporates results from specially-commissioned surveys on team-working, organized by Ashridge Business School. Using examples from sport, the

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military, business and the charity sector, this book shows how the best leaders successfully inspire, support and work with their teams in order to produce peak performance.

The modern game of rugby football has become gladiatorial, whereby muscular athletic players are involved in a form of collision chess with sophisticated defences smothering the offensive skills that were at one time a more dominant feature of the game. The contributors to this book consider the physical, mental and nutritional demands of the game in its present form and how best to acquire these attributes in the most effective and efficient manner. The inevitable injuries that are associated with collision are considered in terms of prevention and the most effective forms of treatment. New concepts to improve exercise capacity, game preparation and recovery are discussed in conjunction with the modern coaching theories of the game. The possible changes to the rules are discussed by two outstanding International referees, and the future vision for World Rugby is outlined by the President of World Rugby. The Dynamics of Modern Rugby is both a unique and contemporary addition to the rugby literature and, as such, is essential reading for any student, researcher, coach, sports scientist, physiotherapist, nutritionist or clinician with an interest in rugby.

This book, written by an expert in the field, covers

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some of the following issues, namely high-profile WADA cases such as that of Maria Sharapova, the Bosman ruling, decisions by the Court of Arbitration for Sport (CAS), and footballers' employment contracts and transfers for enormous amounts. These issues have led to sport no longer being confined to the back pages of traditional media such as newspapers, but increasingly le="font-size: 14px;">finding its way onto the front pages and into new media. Since ancient times sport has been practised but today it is a multi-billion dollar 'industry', and Sports Law as a discipline in its own right is developing apace and is increasingly being studied and practiced at all levels of interest and competency. Thereby creating a need amongst students, lawyers, accountants, sports marketers, promoters, agents, sans-serif sports broadcasters, sports administrators and managers for some basic and general knowledge of the legal aspects of sport. This introductory guide to international sports law will serve to satisfy the needs currently not being met in present-day sports law literature, and should also be of interest to researchers and the general reader. Although the topics covered are necessarily sans-serif">selective, sports law being such a vast subject, they are representative of the main legal issues facing the world of sport today. Throughout the book, the reader is referred to articles, publications and other materials that provide further

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information on the various subjects treated in the text, thus enhancing its value and usefulness. The Law is stated as at 1 January 2017, according to the sources available at that date. Prof. Ian S. Blackshaw is an International Sports Lawyer, a Solicitor of the Supreme Court of England and Wales, and a Visiting Professor at several Universities, including Anglia Ruskin University, Cambridge, United Kingdom, and The University of Pretoria, South Africa. He is also a member of the Court of Arbitration for Sport, Lausanne, Switzerland. In 1995 rugby union became the last significant international sport to sanction professionalism. To some this represented an undesirable challenge to the traditions of the game. To others the change was inevitable and overdue – an acknowledgment of both the reality of modern sport and the extent to which money had already permeated the game. While there are some commonalities in the response to professional rugby, the contributions to this book, representing almost all of the significant rugby playing countries, reveal much more that was shaped by particular local contexts both within rugby and in terms of its place within the economic, political, class and social structures of the surrounding society. The authors assess the contrasting ways in which rugby administrators at local, regional and national level grappled with the changes that were required and the demands of the

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corporate backers who funded the transition to professionalism. But the more contentious relationships considered are those involving the many amateur rugby players and committed fans who found that significant community and historical reference points were subtly altered or simply obliterated in the face of new commercial imperatives – and especially new competitions that separated elite players from the grassroots of the game. Some have adapted to the replacement ‘product’ with relish, others have not. Some have genuine and well articulated grievances against the processes of changes. Others have fallen victim to a nostalgia which appropriates very selective memories of the amateur past to highlight apparent problems with the professional present. Above all, these contributions provide a range of perspectives that enable the reader to take stock at a particular point in what is still a rapidly evolving game. Read in ten or twenty years, this book may confirm that many of the right paths have been taken – or it may provide pointers to crisis as yet unimagined.

Essential guide to the non-contact sport of Tag Rugby - a safe and fun way of introducing rugby to under 10s.

The book covers all the dimensions of testing, calculating, comparing, evaluating and deriving conclusions regarding all possible physical fitness variables in the fields such as anthropometry,

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strength, speed, power flexibility, coordination etc. The book shall be a boon to the researchers as well as the persons seeking physical fitness testing. Every one can assess their level of physical fitness and accordingly they may plan their routine life. Although the standard tests are required specific equipment, there are some tests that are feasible by every one without any sophisticated equipment. The book may guide a person for maintaining body fitness, since we are mostly depending on the machines which are most welcomed but directing us towards physical weakness.

Now updated—a practical guide to understanding rugby, North American—style Filled with illustrations and photographs of drills and shape-up exercises, *Rugby For Dummies* tackles North American rugby rules, levels of play, and how to coach junior players as well as adults. This revised edition includes the scoop on the fall 2007 rugby World Cup in France, expanded coverage of women's rugby, and updated information on North America's best players and teams.

This book explores issues related to the abuse of referees and match officials in sport. Drawing on original empirical research in football, rugby union, rugby league and cricket, it provides an insight into the complexities involved in the recruitment, retention and development processes of match officials from across the global sports industry. Using an evidence-based approach, the

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book examines why abuse occurs, the operational environments in which match officials operate, and underlying issues and trends that cut across sports and therefore can be linked to wider societal trends. It challenges global sport policy and discusses the development of an inclusive, cohesive and facilitative environment for match officials, players, coaches and spectators to ensure the future provision of global sport. Referees, Match Officials and Abuse is an invaluable resource for all students, scholars and national governing bodies of sport with an interest in match officials, sports governance, sport policy, sport management and the sociology of sport.

Two Welshmen who've been given the accolade of being the top rugby referee in the world. The only two Welshmen to have refereed a World Cup final. They've not only served the game that they love, they've contributed to its development and appeal over many decades.

After the desolation of the First World War, the 1920s saw a resurgence of sporting and social activity. Rugby was one of the sports that benefitted from this burst of energy and Canterbury was one of the hundreds of clubs that emerged nationwide.

Rugby is New Zealand's national sport. From the grand tour by the 1888 Natives to the upcoming 2015 World Cup, from games in the North African desert in the Second World War to matches behind barbed wire during the 1981 Springbok tour, from grassroots club rugby to heaving crowds outside Eden Park, Lancaster Park, Athletic Park or Carisbrook, New Zealanders have

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made rugby their game. In this book, historian and former journalist Ron Palenski tells the full story of rugby in New Zealand for the first time. It is a story of how the game travelled from England and settled in the colony, how Maori and later Pacific players made rugby their own, how battles over amateurism and apartheid threatened the sport, how national teams, provinces and local clubs shaped it. The story of rugby is New Zealand's story. Rooted in extensive research in public and private archives and newspapers, and highly illustrated with many rare photographs and ephemera, this book is the defining history of rugby in a land that has made the game its own.

Sonny Bill Williams (SBW) is a once in a hundred-year athlete with immense sporting talent in Rugby League, Rugby Union and Boxing. Sonny Bill has built an incredible career and sporting reputation across the globe. His athleticism has taken him from inner-city Auckland, where he grew up, to the highest sporting moments in Twickenham, Eden Park and Sydney's Olympic Stadium. But there is so much more to Sonny Bill Williams' life and journey than his on-field and in-the-ring triumphs. Sonny Bill's love of family, his faith, his skill and performance throughout his unparalleled sporting career, his ability to unite a team under pressure, his grace in owning his mistakes, the challenges of leaving home as a young man and dealing with a negative culture and the temptations that followed, and his courage in speaking out for the vulnerable and calling out injustice are all aspects of an inspiring life story. Sonny Bill Williams was the first Muslim to play for

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the All Blacks. Driven by a fierce moral compass, Sonny Bill Williams thoughtfully and authentically uses his standing and platform as both a UNICEF Ambassador and an elite sportsman to speak out on political issues that confront the world today and to benefit those struggling in life. He is a dedicated family man, devoted to his faith, committed to his teammates, respectful of his fans and aware that the path he has taken can inspire and empower others. Working with Alan Duff, award-winning author of *Once Were Warriors*, this will be the must-read autobiography of the year.

The world of the international rugby referee has always been a closely guarded secret ... until now. As a Durban schoolboy, Jonathan Kaplan watched rugby at Kings Park every Saturday, dreaming of the day he would represent his country. Now, three decades later and at the age of 47, he reflects on the career highs and lows that saw him retire as the most capped international, Super Rugby and Currie Cup referee of all time. But records and milestones are just a part of an intriguing memoir that affords the reader a rare glimpse into the world of international refereeing ... and what lies behind that enigmatic, penetrating glare that is as typical of Jonathan Kaplan as his silver-grey patch of hair. In *Call It Like It Is*, Kaplan describes exactly what it takes to be an international rugby referee: his gradual climb to the top, the sacrifices he had to make in his personal life, his struggle with injuries and rugby management, the toll an itinerant lifestyle exacted upon him, and much, much more. But this is not only an autobiography: Kaplan also offers his opinion on the role of technology in rugby,

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dissects his own successes and failures, debates the selection and assessment of referees, and, yes, gives his take on the 2011 Rugby World Cup and the Bryce Lawrence affair. Containing all the guts and glory you'd expect from an epic rugby tale, this is also the frank and forthright account of a man who, both in life and on the pitch, would only ever call it like it is.

The contribution of volunteers in terms of time and expertise is integral to sport development and delivery from 'sport for all' to elite levels. Good volunteer management and a clear understanding of the way volunteers work in sport is essential to protect and nurture this valuable group of individuals. This is the first academic text to examine the role of volunteers in sport, and links theory and research to provide clear guidelines for implementing good volunteer management practice. The authors are well known for their research in this subject and cover the key issues including: developing sport through volunteers recruiting and retaining volunteers government policy and international comparisons specialist volunteers – coaches, officials, administrators relationships with paid staff volunteers and the law. Nearly six million adult volunteers work in sport in the UK alone and this work forms the backbone of much sporting success. *Working with Volunteers in Sport* is a valuable read for students and professionals alike.

If you're new to the sport or you feel you could sharpen up your knowledge of the game, this guide is for you. Inside you'll find easy-to-understand advice on the basic rules and pitch positions, plus in-depth lessons on ball

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skills, fitness training, and techniques to outwit your opponents - all illustrated with entertaining stories from British and International rugby's back pages. In addition, you get a grounding in the local, national and international reaches of Rugby Union Rugby Union For Dummies 3rd Edition: Features an in-depth and up-to-date look at the Laws that form the beautiful game Covers all you will need to know about talking tactics and is perfect for anyone looking at swatting up on rugby for the World Cup and beyond Advises on all you will need to know to get stuck in and play Contains a new chapter on sevens as the sport will be a demonstration sport at London 2012 and a full sport at Rio 2016

Many historians have claimed that respectability was the sharpest line of social division in Victorian society, even that the line between the 'respectable' and 'unrespectable' was more significant than between rich and poor. This irreverent and revisionist collection argues that they have over-polarised Victorian attitudes and challenges the conventional view that middle-class Victorian leisure had a respectable and serious purpose and approach. *Disreputable Pleasures* explores the more sinful and unrespectable Victorian male sporting pleasures, demonstrating the complex interrelationships between such value as manliness, muscularity and machismo, or sensuality, virility and hedonism. It sheds light on the ways in which the public rhetoric of Victorian respectability could be rendered problematic by the practical pursuit of private pleasures. It shows that Victorian leisure was much more contested cultural space than has been recognised, a battleground whose contestants ranged from the rational recreationalist to the avowedly hedonistic, and from the sacred to the profane. *Disreputable Pleasures* poses

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a powerful challenge to the accepted public image of Victorian society and will greatly add to our present understanding of Victorian Britain.

Sports officials (umpires, referees, judges) play a vital role in every sport, and sports governing bodies, fans, and players now expect officials to maintain higher professional standards than ever before. In this ground-breaking book, a team of leading international sport scientists and top level officials have come together to examine, for the first time, the science and practice of officiating in sport, helping us to better understand the skills, techniques and physical requirements of successful refereeing. The book covers every key component of the official's role, including: Training and career development Fitness and physical preparation Visual processing Judgement and decision-making Communication and game management Psychological demands and skills Using technology Performance evaluation Researching and studying officials in sport Top-level officials or officiating managers contribute in the 'Official's Call' sections, reflecting on their experiences in real in-game situations across a wide range of international sports, and on how a better understanding of science and technique can help improve professional practice. No other book has attempted to combine leading edge contemporary sport science with the realities of match officiating in this way, and therefore this book is vital reading for any advanced student of sport science, sport coaching or sport development, or any practising official or sports administrator looking to raise their professional standards.

Now unknown or forgotten, influential schoolmasters took the game of association football to many parts of England. They had several roles: they brought the game to individual schools, they established regional and national leagues and associations, and they founded professional football clubs.

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They also exported the game around the world, working as moral missionaries, passionate players and energetic entrepreneurs. The role of teachers in association football is a much neglected aspect of English cultural history. It is a story that deserves to be told because it allows a fundamental reappraisal of the status and position of these teachers in late nineteenth century and early twentieth century society. This volume was previously published as a special issue of the journal Soccer and Society.

This book provides the first detailed account of the formative decades of BBC televised sport when it launched its flagship programmes Sportsview, Grandstand and Match of the Day. Based on extensive archival research in the BBC's written archives and interviews with leading producers, editors and commentators of the period, it provides a 'behind-the-scenes' narrative history of this major institution of British cultural life. In 2016 the BBC celebrated the fiftieth anniversary of its television coverage of England's World Cup victory. Their coverage produced one of the most oft-played moments in the history of television, Kenneth Wolstenholme's famous line: 'Some people are on the pitch, they think it's all over ... it is now!' as Geoff Hurst scored England's fourth goal, securing England's 4-2 victory. It was a landmark in English football as well as a watershed in the BBC's highly professionalised approach to televised sport. How the BBC reached this peak of television expertise, and who was behind their success in developing the techniques of televised sport, is the focus of this book.

This book is about how football was played in ancient times and worlds, from Australia and South America to China and Europe. It tells the story of how towns and parishes competed against each other. During the Industrial Revolution football moved from the streets to the schools. The book describes how rugby football started at Rugby School and how the

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schoolboys wrote the first laws in their schoolbooks. From there it grew into the modern international game we play and watch today. It also tells the story of other football games and how it happened that Rugby football and Association football (soccer) became two different sports.

(Paperback) SPECIAL COMMEMORATIVE EDITION TO CELEBRATE RUGBY WORLD CUP 2019 BEING AWARDED TO JAPAN. The true story of Katsuyuki

Kiyomiya's miraculous five years (2001-06) coaching Japan's top university rugby team, written by the coach himself as the bestselling "Kyuukyoku no Shouri" (pub. Feb. 2006), translated by Ian Ruxton. Kiyomiya's record over five years is: Played 70, Won 62, Drawn 1, Lost 7 with wins over Toyota Verblitz, New Zealand Universities, Oxford and Cambridge. Tipped as a future coach of Japan, in March 2006 he became head coach of Suntory Sungoliath in Japan's Top League. The tragic sub-plot is the murder in Iraq in 2003 of rugby player-diplomat Katsuhiko ("Katsu") Oku who invented the ULTIMATE CRUSH slogan. Reviewed in Rugby World, February 2007 issue. (This Paperback is also on amazon and other retail websites. The Hardcover and Download are only available on lulu.com.)

"I'm in the team – can you come and watch me play?" If you will be cheering on a rugby touch line this winter, mystified by the antics on the pitch, this is the book for you. Not only will it help to explain what is going on from the spectator's viewpoint – it will also raise you several notches in your loved one's esteem. After reading this book you will be able to talk knowledgeably about tries, conversions and scrums, and know the difference between a ruck and a maul. You might even enjoy the matches much more as a result. The author, a mother who has spent many seasons at her sons' playing fields, provides a complete guide to the intricacies of rugby for all those supporters to whom predominantly male sports are a

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complete mystery. She also includes valuable advice on safety issues and dealing with injuries as well as the inevitable washing mountain. This book is for all bemused supporters, male and female, who loyally turn out to cheer in all weathers.

Since its first publication, *Rugby's Great Split* has established itself as a classic in the field of sport history. Drawing on an unprecedented range of sources, this deeply researched and highly readable book traces the social, cultural and economic divisions that led, in 1895, to schism in the game of rugby and the creation of rugby league, the sport of England's northern working class. Tony Collins' analysis challenges many of the conventional assumptions about this key event in rugby history – about class conflict, amateurism in sport, the North-South divide, violence on the pitch, the development of mass spectator sport and the rise of football. This new edition is expanded to cover parallel events in Australia and New Zealand, and to address the key question of rugby league's failure to establish itself in Wales. *Rugby's Great Split* is a benchmark text in the history of rugby, and an absorbing case study of wider issues – issues of class, gender, regional and national identity, and the impact of the commercialization and recent professionalization of rugby league. This insightful text is for anyone interested in Britain's social history or in the emergence of modern sport, it is vital reading.

SHORTLISTED FOR THE TELEGRAPH RUGBY BOOK OF THE YEAR The truth about being a rugby player from the horsey's mouth. This book is not just about how a psychiatrist called Humphrey helped me get back on my horse and clippity-clop all the way to the World Cup semi-final in Japan. It's the story of

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how a fat kid who had to live up to the nickname Psycho grew up to play and party for over a decade with rugby's greatest pros and live weird and wonderful moments both in and out of the scrum. That's why I'm letting you read my diary on my weirdest days. You never know what you're going to get with me. From being locked in a police cell to singing Adele on Jonathan Ross (I'll let you decide which is worse), being kissed by a murderer on the number 51 bus to drug tests where clipboard-wielding men hover inches away from my naked genitalia, melting opponents in rucks, winning tackles, and generally losing blood, sweat and ears in the name of the great sport of rugby. This is how (not) to be a rugby player.

Volume two of a bibliography documenting all that has been written in the English language on the history of sport and physical education in Britain. It lists all secondary source material including reference works, in a classified order to meet the needs of the sports historian.

Volume three of a bibliography documenting all that has been written in the English language on the history of sport and physical education in Britain. It lists all secondary source material including reference works, in a classified order to meet the needs of the sports historian.

It is important for anybody involved in sport and physical recreation to be aware of the legal context

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in which their activity takes place, to develop an understanding of their legal responsibilities and to know what might happen if something goes wrong. Sport, Physical Recreation and the Law is the first textbook on this difficult subject for students and practitioners in sport and physical recreation.

Covering a wide range of legal principles and cases, this textbook introduces the reader to legal systems, terminology, databases and the use of case law.

Designed to encourage analysis, reflection and the application of examples and ideas from the reader's own experience, the book clearly and

comprehensively explains key topics such as: socio-legal aspects of sports violence and criminal liability negligence and defences against negligence manslaughter by individuals and organizations in sport principles of natural justice, disciplinary tribunals and doping discrimination, harassment and child protection risk management, statutory duties, and breaches of health and safety criminal liability – recognized sports, hazing, and cage fighting.

Including over 300 exercises, hypothetical scenarios, investigative tasks and seminar activities, this book is an essential course text for all students of sport, recreation and the law, and an invaluable reference for coaches, physical education teachers and those who play, lead or organize sport and physical recreation.

Community Sport : Oral and written evidence, Prof

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Margaret Talbot OBE, Mr Charles Stringer, Ms Linda Neal, Mr Dan Bloxham and Mr Peter Baveystock, Mr Francis Baron, Mr Brian Barwick, Mr David Collier and Mr John Crowther, Rt Hon Estelle Morris MP, Mr Paul

The ideal introduction to mini and youth rugby for parents and coaches, showing how young players should be properly introduced to the game of rugby. Including sections on: - the game and the rules - positions in rugby - drills for passing, catching and scoring - skills for attack - skills for defense This essential guide contains information on all game situations, with simple explanations of essential techniques and tactics to be learned, before moving on to more advanced explanations of the skills required of the game. It also includes an introduction to the bigger issues away from the pitch that parents and coaches must deal with, including: - how to develop the right ethos for a rugby team - coaching boys versus girls - elite player development Accessible and practical, this book is packed full of useful coaching advice, complete with diagrams and full-colour photographs.

www.miniandyouthrugby.com

From the myth of William Webb Ellis to the glory of the 2003 World Cup win, this book explores the social history of rugby union in England. Ever since Tom Brown's Schooldays the sport has seen itself as the guardian of traditional English middle-class

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values. In this fascinating new history, leading rugby historian Tony Collins demonstrates how these values have shaped the English game, from the public schools to mass spectator sport, from strict amateurism to global professionalism. Based on unprecedented access to the official archives of the Rugby Football Union, and drawing on an impressive array of sources from club minutes to personal memoirs and contemporary literature, the book explores in vivid detail the key events, personalities and players that have made English rugby. From an era of rapid growth at the end of the nineteenth century, through the terrible losses suffered during the First World War and the subsequent 'rush to rugby' in the public and grammar schools, and into the periods of disorientation and commercialisation in the 1960s through to the present day, the story of English rugby union is also the story of the making of modern England. Like all the very best writers on sport, Tony Collins uses sport as a prism through which to better understand both culture and society. A ground-breaking work of both social history and sport history, *A Social History of English Rugby Union* tells a fascinating story of sporting endeavour, masculine identity, imperial ideology, social consciousness and the nature of Englishness. Nigel Owens is a familiar figure on stage and television, and is considered one of the best rugby referees in the world. But before reaching his current

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status in the world of professional rugby, he went through an excruciating personal crisis.

This text looks at how an understanding of rugby can provide insight into what it has meant to "be a man" in societies influenced by the ideals of Victorian upper and middle classes. It shows that rugby has been a means of promoting male exclusivity, but also been a means of cultural incorporation.

The Sports Book features the largest and most diverse range of sports of any comparable book--more than 200 in all--from basketball to bobsledding, karate to korfbal, and synchronized swimming to ski-jumping. This up-to-date and authoritative guide presents information sourced from leading experts and sports governing bodies around the world to give you the most comprehensive book on sports to ever hit the market.

First published in 1979, this classic study of the development of rugby from folk game to its modern Union and League forms has become a seminal text in sport history. In a new epilogue the authors provide sociological analysis of the major developments in international rugby that have taken place since 1979, with particular attention to the professionalism that was predicted in the first edition of this text. Sports lovers, rugby fans and students of the history and sociology of sport will find it invaluable. Rugby football is descended from winter 'folk games' which were a deeply rooted tradition in pre-industrial Britain. This was the first book to study the development of Rugby from this folk tradition to the game in its modern forms. The folk forms of football were extremely violent and serious injuries - even death - were a common feature. The game was refined in the public schools who played a crucial role in formulating the rules which required footballers to exercise greater self-control. With the

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spread of rugby into the wider society, the Rugby Football Union was founded but class tensions led to the split between Rugby Union and Rugby League. The authors examine the changes that led to the professionalisation of Rugby Union as well as the alleged resurgence of violence in the modern game.

This Rugby Football Union's refereeing handbook is intended as a source of guidance for those wishing to become qualified referees, for referees who are already qualified, and for interested players, coaches and spectators. This second edition has been thoroughly revised and updated and includes helpful sections on: the referee's general management of the game; the scrum, line-out, ruck and maul; the effective application of the Advantage Law; officiating offside and obstructing in open play; the referee's positioning; official's physical fitness; and the demands of touch judging. An unrivalled insight into the sad mismanagement of rugby union in the 25 years since it turned professional, endangering its future at amateur level. The book recounts the history of the early decades as a professional sport, and suggests solutions to the injury crisis and financial apartheid operated by the major northern-hemisphere unions. 19 photographs.

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