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Public Health Research Methods, edited by Greg Guest and Emily Namey, provides a comprehensive foundation for planning, executing, and monitoring public health research of all types. The book goes beyond traditional epidemiologic research designs to cover state-of-the-art, technology-based approaches emerging in the new public health landscape. Written by experts in the field, each chapter includes a description of the research method covered, examples of its application in public health, clear instructions on how to execute the method, and a discussion of emerging issues and future directions. In addition, each chapter addresses the topic in the context of global health and health disparities. Such breadth provides readers with practical tools they can use in the field, as well as a current understanding of conceptual discussions. Illustrated with engaging case studies that enhance understanding of the concepts presented, Public Health Research Methods is a comprehensive, must-

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have reference ideal for researchers in all sectors—government, academia, and non-profit.

The companion study guide to the gold standard text in obstetrics Williams Obstetrics Twenty-Fifth Edition Study Guide is the only study guide in the world that is keyed to the field's premier text, Williams Obstetrics, Twenty-Fifth Edition. Perfect for focused study or as a clinical refresher, the book features 2,500+ evidence-based multiple-choice questions covering every major topic in clinical obstetrics. The beautiful full-color design is highlighted by more than 350 images incorporated as question material. To be as clinically relevant as possible, the organization follows the chronology of pregnancy, from Maternal and Fetal Anatomy and Physiology to Labor and Delivery, with additional sections on the Fetus and Newborn, Puerperium, Obstetric Complications, and Medical and Surgical Complications. FEATURES:

- Questions emphasize key points of each chapter of Williams Obstetrics, Twenty-Fifth Edition
- Answer key cites the pages in Williams Obstetrics for in-depth discussion and further reading--the perfect way for readers to brush up on weak areas

Wherever you study or practise obstetrics and gynaecology, a sound knowledge of the clinical aspects will underpin your understanding of the specialty and maximise your ability to make a difference to the care of women and babies. A perfect companion to Kumar and Clark's Clinical

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Medicine, this new edition continues to provide an excellent grounding and framework for handling clinical problems in obstetrics and gynaecology. Highly illustrated with clear, full-colour line drawings and colour photos. Summary boxes and tables throughout. Key-points boxes at the end of each chapter. The latest information for statistics and genetics. Forward-looking approach to obstetrics and gynaecology. History and ethics boxes throughout. Organized into three sections: Fundamentals, Gynaecology, and Pregnancy and the puerperium. New section on sexual and reproductive health New chapter on surgery to aligned with the RCOG undergrad curriculum Anaesthesia chapter totally reworked. Increased coverage of ectopic pregnancy and miscarriage. Fully revised and updated throughout.

Written especially for parents who have lost a child, Trying Again provides facts to help determine whether you, or your partner, are emotionally ready for another pregnancy.

Women have always struggled with the idea of how much better life would be if they had a better body, a better exercise routine, a better life. This can make it difficult for women to grasp that aging is both a normal and natural part of life. With over 40 years of experience working as an obstetrician gynecologist (OBGYN), Dr. Heather Johnson is equipped with the knowledge to help women of all ages mature

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gracefully. In *What They Don't Tell You About Menopause*, Dr. Johnson discusses the various stages of menopause and what to expect throughout this natural aspect of life for women. From perimenopause to postmenopause, and everything in between, this book will be your guide through this daunting period of womanhood.

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read."

--Review from a 4th year Medical Student

In *Obstetrics for Schools: A guide to eliminating failure and ensuring the safe delivery of all learners*, Rachel Macfarlane presents a powerful manifesto for school leaders and teachers on how they can bridge the advantage gap and deliver positive outcomes for all pupils. In most parts of the world, the death of a baby in childbirth is now a rare tragedy rather than a common occurrence - and it would be considered shocking for medical staff to accept a significant infant fatality rate. It's

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also inconceivable that a hospital would have a successful delivery target much below 100%. How could anything else be acceptable in this day and age? Yet there is an expectation, and acceptance, of 'baked in' educational failure for around a third of 16-year-olds in UK schools each year. Such outcomes need addressing, and this book does just that. In *Obstetrics for Schools*, Rachel Macfarlane draws on her experience as a head teacher and system leader to share a multitude of practical strategies for overcoming potential barriers to success, presenting case studies and examples of effective practice from schools across the country. The book illustrates an up-to-date and research-informed picture of the current state of the education system and offers sage guidance on how schools can do more for each and every student. In doing so, Rachel provides a range of fresh approaches to school provision which have been proven to have an impact in a variety of challenging contexts. Each chapter focuses on a key potential barrier to success and offers school leaders and practitioners a range of strategies to help dismantle them. The book also provides guidance on strategic planning, as well as a variety of ideas and inspiration for staff training. Suitable for school leaders and teachers in all phases, from early years to sixth form, and in both mainstream and special education.

Follows on from the huge success of *The Unofficial Guide to Passing OSCEs*. It contains step-by-step illustrated guides to over 50 core practical skills, with over 200 high quality images of the actual procedures being performed. Accompanying mark schemes, and

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typical exam questions are included to simulate real life assessment.

While any number of encyclopedic volumes have been published in recent years about women's health, few books have offered the clearly presented, inside information to be found in The Unofficial Guide to Women's Health. Too often doctors -- male and female -- tell their women patients what the medical establishment thinks they ought to know, rather than answering the questions that are crucial to their physical and mental health. From general matters, such as how to choose a doctor and deal with insurance companies and HMOs, to specifically female issues, such as uterine and breast cancer, The Unofficial Guide to Women's Health presents the information women want and need to know yet so often don't receive from the official sources, including: How to work the health-care system, and the 10 questions to ask the doctor on the first visit Why it's important to have testosterone levels checked before beginning hormone replacement therapy Which commonly ordered prenatal tests aren't really necessary, even for high-risk moms When it's time to ask for help in dealing with relationships, overcoming anxiety, and controlling substance abuse What body changes women can expect as they age How to combat stress and anxiety How women can protect their sexual health How to use nutrition, exercise, and a healthy lifestyle to stay energetic and radiant -- at any age

This book is aimed at undergraduates, junior doctors, and obstetric and gynaecology trainees. It covers a core curriculum. Succinct topic summaries are presented then

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more than 300 questions and fully explained answers for maximum gain of knowledge. This book also covers examination practice, practical skills, career opportunities and clinical cases all in one place. Colour images, eye catching graphics and logical layout all maximise learning.

Mount Sinai Expert Guides: Obstetrics and Gynecology provides specialty trainees and junior physicians with an extremely clinical, affordable and accessible handbook covering the key and hot topics in this complex field with focus throughout on clinical diagnosis and effective patient management. Used as a point-of-care resource in the hospital and clinical setting, it present sthe very best in expert information in an attractive, quick and easy to navigate informative and well-structured manner, with features such as key points, potential pitfalls, management algorithms, and national/international guidelines on treatment.

The Unofficial Guide to Prescribing lays out the practical steps of how to assess, investigate and manage a patient, with a focus on what to prescribe and how to prescribe it. Its aim is to empower newly graduated junior doctors to excel at dealing with emergencies and handling complex prescribing scenarios. Prescribing errors cost healthcare systems millions annually, so early training in prescribing has become an urgent priority of medical education and now forms an essential part of teaching and assessment. The Unofficial Guide to Prescribing (from the same stable as The Unofficial Guide to Passing OSCEs) is a new book designed to address this requirement. It is written by junior doctors

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still close to the transition from theory to practice, overseen by a review panel of senior clinicians to ensure accuracy, and designed to help medical students practise and learn as much as possible about prescribing, in actual clinical scenarios, before they have to do it for real. Each scenario is presented as you would see it in the hospital setting and covers: Initial step-by-step assessment of the patient: how to assess, assessment findings, and immediate management Initial investigations Initial management Reassessment Treatment Handing over the patient 'Prescribe' alerts throughout Written-up drug charts Blank drug charts for copying and practice

Make the Most of Every Single Day Uncertainty, instability, pressure, anxiety and now pandemic pandemonium . . . the world is hell bent on robbing us of our wellbeing. It's time to fight back. Twenty-Two Rules for Life that Just work It's time to ditch the tired, old wisdom, and take life into your own hands. We've all fallen for the mantra that 'you only live once,' but it's a big fat lie. The truth is that you get to live – really LIVE – every single day of your life. Based on the wisdom of Positive Psychology, How to be a WELL BEING teaches you to: Strive toward your true potential Stop wasting time and start achieving Focus on what's truly important Rethink your thinking Find meaning and fulfillment Upgrade to YOU 2.0 It's time to raise your personal bar from mental health to mental WEALTH. 'Memento mori' – remember death. No more messing around. No more wasting time. A new world calls for new rules. It's time to re-focus on what's most important and to take massive

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strides towards your true potential. "I forget what came before sliced bread, but whatever it was, this is better than that. —Mylee from Swindon

The Oxford Textbook of Obstetrics and Gynaecology is an up-to-date, objective and readable text that covers the full speciality of Obstetrics and Gynaecology. This comprehensive and rigorously referenced textbook will be a vital resource in print and online for all practising clinicians. Edited by a team of four leading figures in the field, whose clinical and scientific backgrounds collectively cover the whole spectrum of Obstetrics and Gynaecology with particular expertise in fetomaternal medicine and obstetrics, gynaecological oncology, urogynaecology, and reproductive medicine, the textbook helps inform and promote evidence-based practice and improve clinical outcomes worldwide across all facets of the discipline. The editors are supported by contributors who are internationally renowned specialists and ensure high quality and global perspective to the work. Larger sections on the Basics in Obstetrics and Gynaecology, Fetomaternal medicine, Management of Labour, Gynaecological problems, Gynaecological oncology are complimented by specialist sections on areas such as Neonatal Care & Neonatal Problems, Reproductive medicine, and Urogynaecology and Pelvic Floor Disorders to name a few. The evidence-based presentation of current diagnostic and therapeutic methods is complemented in the text by numerous treatment algorithms, giving the reader the knowledge and tools needed for effective clinical practice. The Oxford Textbook of Obstetrics and Gynaecology is

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essential reading for specialist obstetricians and gynaecologists, subspecialists, and O&G trainees across the world.

This title is directed primarily towards health care professionals outside of the United States. A succinct, well illustrated handbook for trainees covering the essentials of obstetric and gynaecological ultrasound. It guides the reader through the techniques of scanning in a logical and progressive way. Covers the essentials of obstetric and gynae scanning Step-by-step approach Over 150 scans and 50 drawings Sensibly priced Small size - easy to carry around obstetric section updated with section on soft markers, more on cardiac scanning, twins and Doppler, New section on gynae ultrasound 50 new scans colour Doppler now covered

The Fifth Edition of the highly praised Practical Guide for Medical Teachers provides a bridge between the theoretical aspects of medical education and the delivery of enthusiastic and effective teaching in basic science and clinical medicine. Healthcare professionals are committed teachers and this book is an essential guide to help them maximise their performance. This highly regarded book recognises the importance of educational skills in the delivery of quality teaching in medicine. The contents offer valuable insights into all important aspects of medical education today. A leading educationalist from the USA joins the book's editorial team. The continual emergence of new topics is recognised in this new edition with nine new chapters: The role of patients as teachers and assessors; Medical humanities; Decision-making; Alternative medicine; Global awareness;

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Education at a time of ubiquitous information; Programmatic assessment; Student engagement; and Social accountability. An enlarged group of authors from more than 15 countries provides both an international perspective and a multi-professional approach to topics of interest to all healthcare teachers.

Includes Practice Test Questions Secrets of the ARDMS Obstetrics and Gynecology Exam helps you ace the American Registry for Diagnostic Medical Sonography Exam, without weeks and months of endless studying. Our comprehensive Secrets of the ARDMS Obstetrics and Gynecology Exam study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined.

Secrets of the ARDMS Obstetrics and Gynecology Exam includes: The 5 Secret Keys to Secrets of the ARDMS Exam Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements,

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Answer Choice Families; A comprehensive Ultrasound
Physics and Instrumentation Exam including: Sound,
Mechanisms of Sound Generation, Sound

Propagation/Interaction with Target, Single Line
Reconstruction, Sound Detection/Image Formation,
Applications and Techniques, Hardware Controls, Image
Features, Resolution, Beamforming and the Point
Spread Function, The Scattering and Reflection of
Sound, Key Points, Ultrasound Physics or Abdomen
Ultrasound, Four types of Doppler Ultrasound, Sensitivity
in Ultrasound, Piezoelectricity, and much more...

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the owner or any content related to this website.

This time honoured classic has been re-built completely:
after six editions the editor has decided that a radical
revision is necessary. The new edition has been
developed as a result of intensive consultation with
trainees in OB/GYN as to what they want, what they
need and how they learn. The book is organised into two
halves covering obstetrics and gynaecology. Within
each, the chapters are structured into sections
containing pedagogic features such as boxes, highlights
and key points for the first time. It contains everything the
clinician needs to practice the art of obstetrics and
gynaecology and sufficient information to help sub-
specialists develop their specific interests. This text is
recommended reading for the Royal College of
Obstetrics and Gynaecology membership examination.
This seventh edition contains 21 new chapters: Anatomy

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of the Pelvis and Reproductive Tract Placenta and Fetal Membranes Antenatal Care Anaesthesia and Analgesia Recurrent Miscarriage Ectopic Pregnancy Trophoblastic Disease Genetics and Prenatal Diagnosis Drugs and Pregnancy Obstetric Emergencies Prolonged Pregnancy Renal Disease Termination of Pregnancy Imaging in Gynaecology PMS Assisted Reproduction Hysteroscopy and Laparoscopy Sexual Dysfunction Psychological Aspects of Pregnancy Domestic Violence and Sexual Assault - now on MRCOG curriculum Ethical Dilemmas This seventh edition has been significantly updated with a wide range of internationally renowned contributors who are all experts in their field, bringing this book to the cutting edge of knowledge in obstetrics and gynaecology. "It was my favourite textbook when I was working for my examinations and I am still using it. I can recommend this edition to current trainees wholeheartedly. It is certainly worth buying." Journal of Obstetrics and Gynaecology

Includes Practice Test Questions Secrets of the ARDMS Sonography Principles & Instrumentation Exam helps you ace the American Registry for Diagnostic Medical Sonography Exam without weeks and months of endless studying. Our comprehensive Secrets of the ARDMS Sonography Principles & Instrumentation Exam study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. Secrets of the ARDMS Sonography Principles

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& Instrumentation Exam includes: The 5 Secret Keys to
ARDMS Exam Success: Time is Your Greatest Enemy,
Guessing is Not Guesswork, Practice Smarter, Not
Harder, Prepare, Don't Procrastinate, Test Yourself; A

comprehensive General Strategy review including: Make
Predictions, Answer the Question, Benchmark, Valid
Information, Avoid Fact Traps, Milk the Question, The
Trap of Familiarity, Eliminate Answers, Tough Questions,
Brainstorm, Read Carefully, Face Value, Prefixes, Hedge
Phrases, Switchback Words, New Information, Time
Management, Contextual Clues, Don't Panic, Pace
Yourself, Answer Selection, Check Your Work, Beware
of Directly Quoted Answers, Slang, Extreme Statements,
Answer Choice Families; A comprehensive Content
review including: Sonogram, Ultrasound Technician,
Identification Triggers, Obstetrical Ultrasound, OSHA
Standards, ALARA Principle, PQRST Method, Decibel,
Acoustic Impedance, Pseudocyst, Amplitude, Curie
Point, Anechoic, Aponeurosis, Axial Resolution, Pulse
Repetition Rate, Piezoelectricity, Pulse-Wave
Transducers, A-Mode Imaging, Transmitted Beam,
Anencephaly, Oligohydramnios, and much more...

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Examination Review for Ultrasound: Sonography
Principles & Instrumentation offers everything you need
to prepare for the ARDMS and ARRT certification
exams. Absolute patient care demands that all
sonographers not only have the ability to obtain a

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diagnostic image, but also that they have the ability to understand how that image is shaped. Unlike other review books, which are written by physicists, Examination Review for Ultrasound is written by sonographers, and provides a concise, narrative approach to sonographic physics without becoming mired in technical details that are beyond the scope of a sonography's practice. With content based on current exam formats, this unique resource will help you identify your strengths, assess and overcome your weaknesses, and ace your exam.

The Unofficial Guide to Surgery is the 12th book in the Unofficial Guide to Medicine Series, selling over 70 000 books. It is a concise summary of the most common and important operations across all surgical specialities, detailing how the operation is performed, indications, contraindications, complications, the pre/post-op care and follow up

Maternal and child morbidity and mortality affect women and children all over the world. In low resource settings, it is often the result of an illness which under other circumstances would be preventable and treatable. The disease burden predominately occurs in developing countries, but the dangers facing women and children are global issues. To improve conditions for women and children everywhere, we must address maternal and child health in their own right, and ask how they affect each other. The Oxford Textbook of Global Health of Women, Newborns, Children, and Adolescents is a comprehensive study of the cycle of life. The development of children is traced from pre-natal through

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to newborns, childhood, and adolescence. Posing child health against maltreatment, injury, and malnutrition, this book asks uncomfortable but necessary questions, and discusses how to influence policy and inspire change. Following women from adolescence to motherhood, it discusses sexual and reproductive health, HIV, injury, pregnancy, mental health, and much more. With examples from high- and low-resource settings presented by experts in the field, the Oxford Textbook of Global Health of Women, Newborns, Children, and Adolescents is a unique resource for medical practitioners everywhere. Divided into eight sections, it takes a life course approach to female health. With a clear structure, helpful illustrations, and study questions at the end of each chapter, it is an easy to use manual for healthcare workers treating patients in the clinic and out in the field. Through its descriptions of the main challenges and explanations of the key theories in the field, this is the ideal textbook for medical students in paediatrics, obstetrics, nursing, midwifery, and other related areas. Looking to the future, it is also an invaluable starting point for policymakers and anyone with a general interest in the subject area.

Medical students often feel they understand the theory behind the clinical aspect of medicine but seldom have enough chance to put what they learn into practice. In addition, clinical examinations pose a challenge to students who may be technically and theoretically excellent, but who have poor examination technique. It is quite common for students to lack understanding of how they will be marked, how much emphasis to place upon

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certain actions or how much detail is expected of them.

"OSCE CASES WITH MARK SCHEMES" is intended to fill this gap. It provides OSCE mark schemes to reflect the real OSCE experience, by encouraging self assessment when practicing the clinical scenarios. The book includes chapters on communication skills, medical ethics, explanation stations, paediatrics and obstetrics and gynaecology subjects which are sometimes neglected elsewhere. All four authors have taken part in medical student teaching and OSCE examinations. They understand what will earn marks in the actual exam. All the OSCE scenarios are from stations previously examined in the UK's top medical schools. This book prepares the student for what the actual finals exam will be like. CONTENTS: SECTION ONE, COMMUNICATION STATIONS - Presenting Complaints - Psychiatry History Taking - Pediatrics History Taking - Obstetrics History Taking - Gynaecology History Taking - Medical Ethics - Difficult Communication Scenarios - Pharmacology - Consenting - Explanation of Management and Results SECTION TWO, PERFORMANCE STATIONS - Examination Skills - Practical Skills - Data Interpretation - Closing Remarks Bringing a baby into the world is one of the most beautiful, natural parts of life, but that certainly doesn't mean it's easy! Dr. Heather L. Johnson has been a practicing OB-GYN (obstetrician gynecologist) for 40 years, helping expectant mothers through the pregnancy process and delivering their babies. In "What They Don't Tell You About Having a Baby: An Obstetrician's Unofficial Guide to Preconception, Pregnancy, and

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Postpartum Life,” she shares what she has learned throughout her career to assist parents and parents-to-be of all ages. This guide covers everything from tips and tricks for a smooth conception, how much caffeine is really okay during pregnancy, how to survive those first several confusing postpartum weeks and everything in between. Dr. Johnson shares the lessons she’s learned from years of experience and includes conversations she’s had with her own patients along with her “Dr. J’s pearls” in an effort to help others. Babies don’t come with an owner’s manual, but “What They Don’t Tell You About Having a Baby” is a great start.

In *Pregnancy For Dummies* Dr Sarah Jarvis takes the reader through pregnancy, trimester by trimester, following the baby’s growth and describing medical issues that might ensue. This UK edition includes information on: Getting the best care from the NHS for you and your baby Welfare benefits for mothers and mums to be. The newborn baby Taking care of yourself after delivery Choosing breast- or bottle-feeding Special considerations, such as age, multiple births, complications, illness New ultrasound techniques, such as 4D Working while pregnant and deciding when to return Considering “alternative birth” procedures Selecting and using an infant car seat Preparing home, family and siblings for new baby Caring for a premature child This is the first and only book for uncles and aunts who want to have a positive and lasting impact on their sibilings’ children. "Uncle: The Definitive Guide

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for Becoming the World's Greatest Aunt or Uncle" celebrates the unique, indispensable and slightly zany role of aunts and uncles in our society. It helps aunts and uncles realize their role through a collection of nearly 190 fun and whacky activities that nieces and nephews need to master to grow up as great kids: things that the grandparents have forgotten and that the parents wouldn't ever think to teach. Show them how to scream, "Haaaaaaay!" while Dad is driving past a farm. Turn an orange peel into teeth that would scare a dentist away from her drill. Or spend time hanging out doing the fine art of nothing. The "Uncle: The Definitive Guide for Becoming the World's Greatest Aunt or Uncle" will appeal to anyone who has an endearing aunt or uncle, whether blood relative or a revered unofficial aunt or uncle, or scoutmasters and other adults who get to engage kids in fun and useful activities. It's a far better birthday gift than another tie.

Packing essential abdominal imaging protocols in a compact format, this handy reference makes it easy to access the most up-to-date protocols, organ-specific measurements, and echogenicities for abdominal sonography. Organized logically by the organs of the abdomen, this succinct, image-based quick-reference presents imaging and line drawings side-by-side to help you make confident, accurate observations.

Everything expectant mums need to know, trimester

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by trimester Both new and seasoned parents alike have questions and concerns over the course of the nine-month adventure. Pregnancy For Dummies offers comfort and reassurance while serving as a guide to what mother and baby experience before, during, and just after birth. Here, you'll find expert advice on diets and exercise when you're pregnant; guidance on following your baby's development, trimester by trimester; tips on how to prepare for the big day; techniques for taking care of yourself before and after delivery; and support for caring for a newborn baby. Pregnancy For Dummies gives parents-to-be authoritative, friendly, up-to-date advice on every aspect of pregnancy and childbirth. This new edition offers all of the latest information expecting parents want to know, including medical and nutritional information and updated resources/changes in NHS practice, so that new mums will feel prepared and reassured ahead of the birth. A guide to what mother and baby experience before, during, and just after birth Helpful information on preparing for pregnancy Advice on diet and exercise during pregnancy Information on your rights and welfare benefits Guidance on how to care for a newborn baby If you're an expectant mum looking for practical, down-to-earth guidance on what to expect before, during, and after pregnancy, Pregnancy For Dummies will keep you prepared and reassured every step along the way.

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The Workbook companion to Inside Ultrasound
Vascular Reference Guide

Unofficial Guide Obstetrics Gynaecology Qureshi
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